

Tech-Driven Excellence: Extrusion for Better Kibble, Wet Food & Treats

Nispa Seetapan

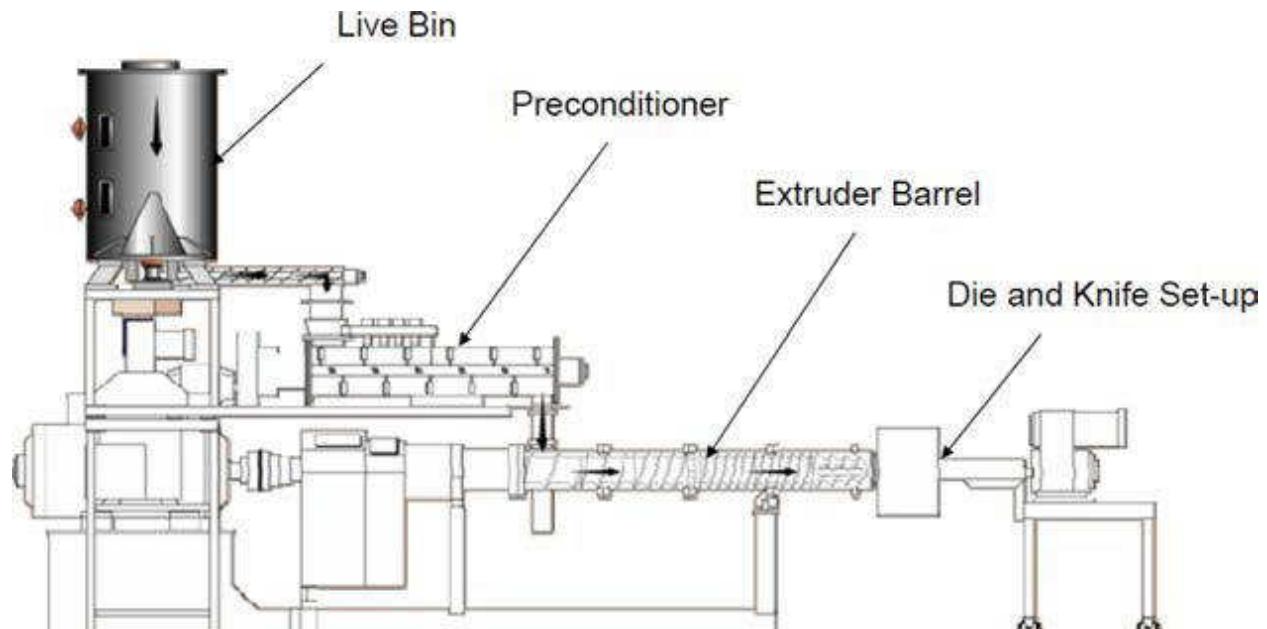
**Food Materials Research Team, Advanced Polymer Technology Research Group,
National Metal and Materials Technology Center (MTEC)**

23 July 2025

Extrusion process

Extrusion process:

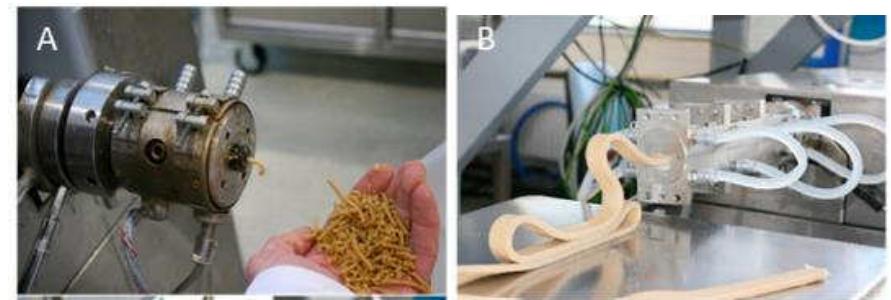
“a process of forcing material through a designed opening”



(Courtesy of Wenger Manufacturing Inc.)



https://en.wikipedia.org/wiki/Food_extrusion



Foods 2021, 10, 600. <https://doi.org/10.3390/foods10030600>

Advantages of extrusion technology

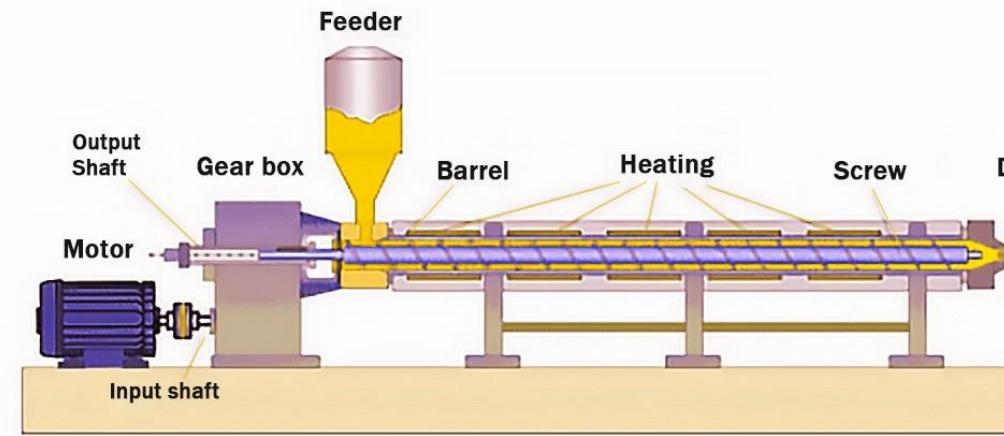
One-step/
Continuous/
Versatile
Process

Low Processing
Costs
(labor and
energy)

Food Designing
(shapes, texture,
microstructure,
color,
appearance)

High Temp &
Short time
Process
(disinfection &
sterilization)

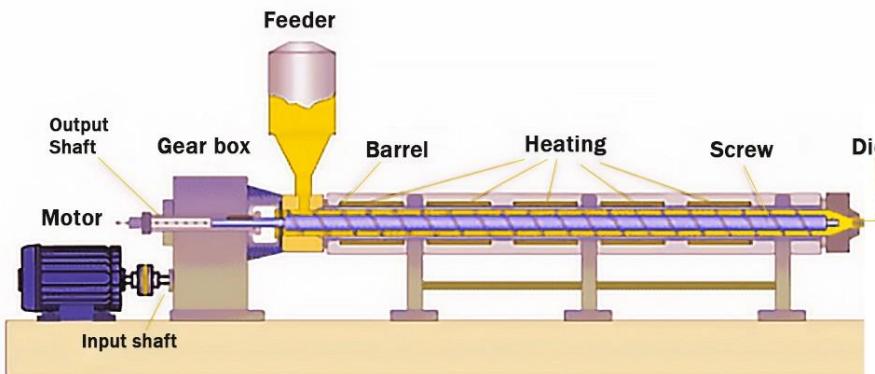
Thermo-
Mechanical
Process:
Clean Label*



Extrusion cooking

<https://m.loyalfoodmachine.com/sell-detail-3216-single-screw-extruder-food-processing-machine.html>

Extrusion in pet food products



<https://m.loyalfoodmachine.com/sell-detail-3216-single-screw-extruder-food-processing-machine.html>

Pet food products



Dry kibble



Semi-moist



Wet



Dental chew



Twist



Pillow



strip

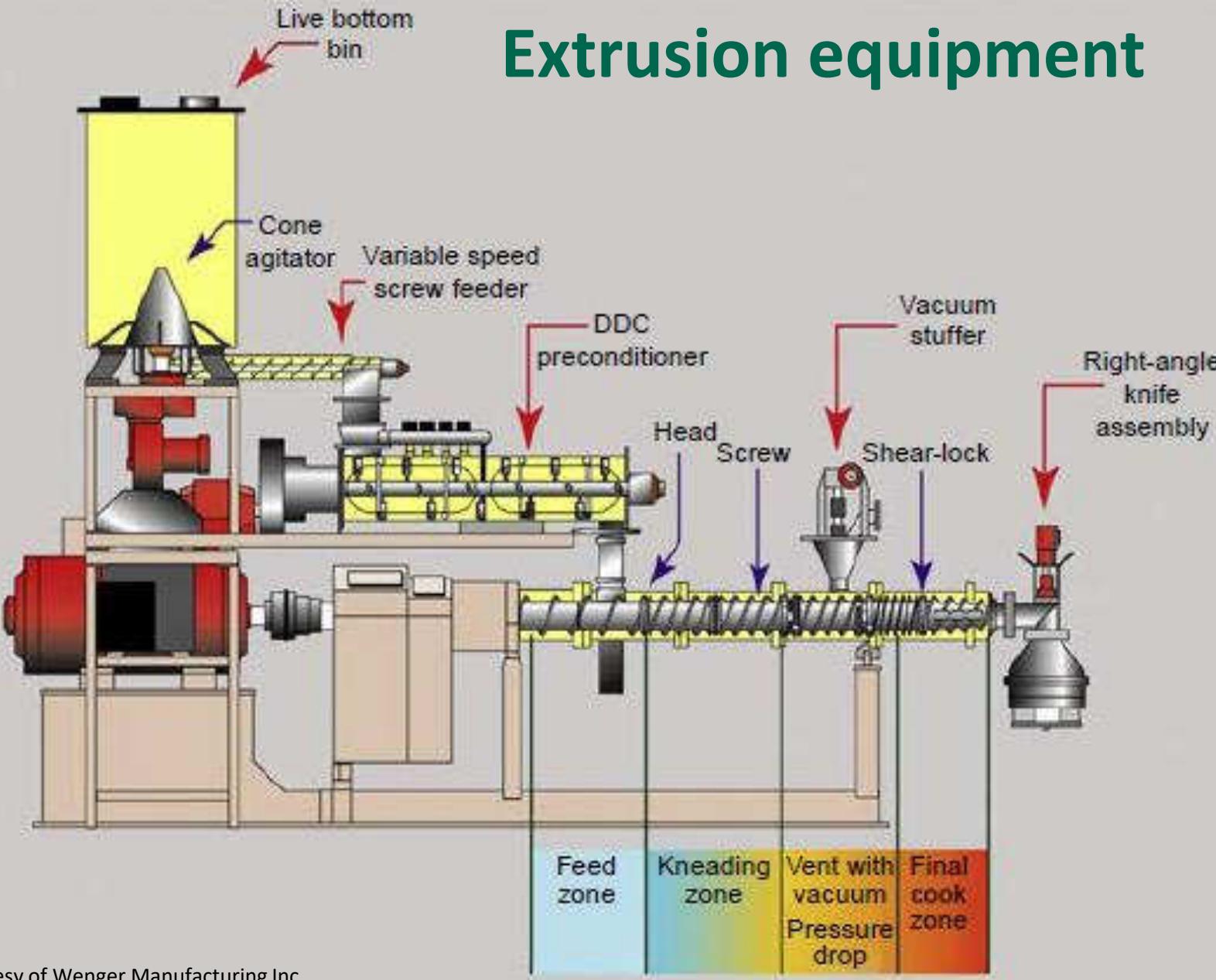


Multicolor



stick

Extrusion equipment



- Extrusion drive
- Feed assembly
- Extrusion screw
- Extruder barrel
- Discharge

Courtesy of Wenger Manufacturing Inc.

Extruder types

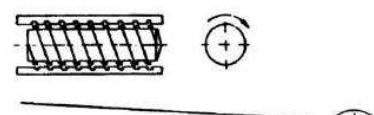
Single Screw Extruder



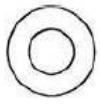
Tapered screw root



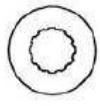
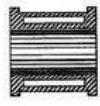
Conical



barrel



Smooth bore



Longitudinal grooves



Spiral grooves

Twin Screw Extruder



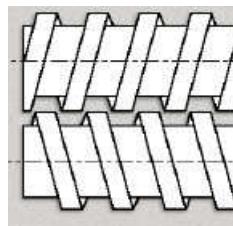
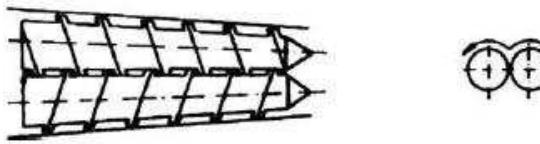
Co-rotating TSE



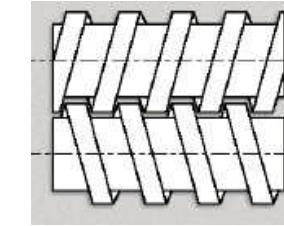
Counter-rotating TSE



Conical TSE
(Counter-rotating)

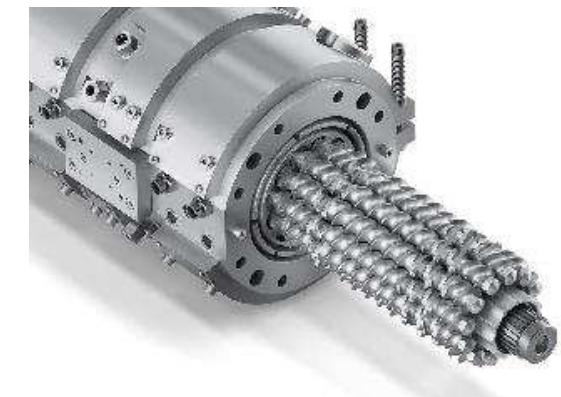


Non-intermeshing screws



Intermeshing screws

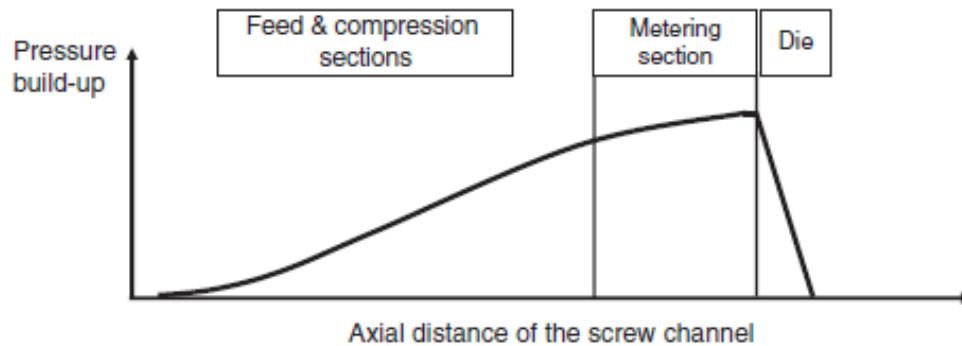
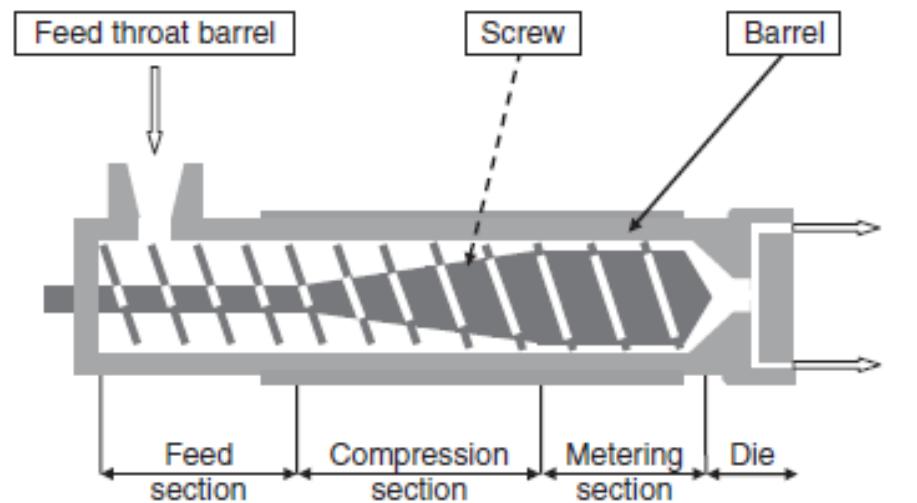
Multiple Screw Extruder



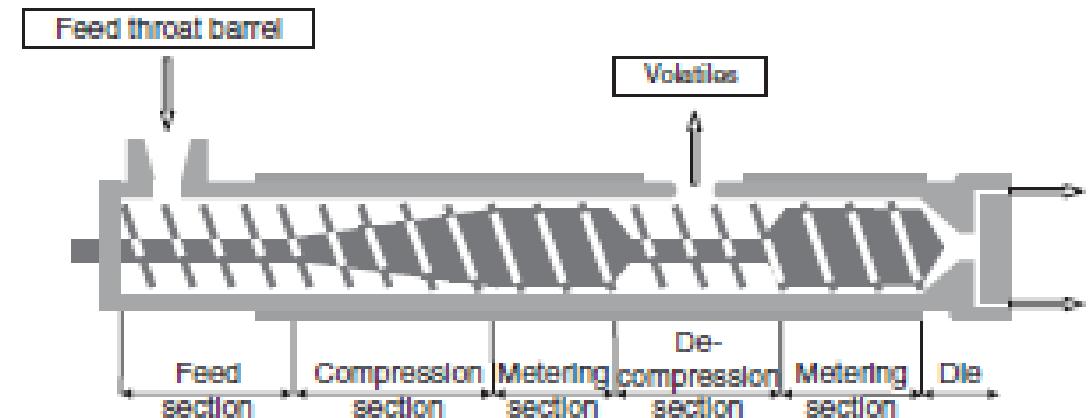
Ring extruder

Single screw extruder

One-stage monobloc screw assembly



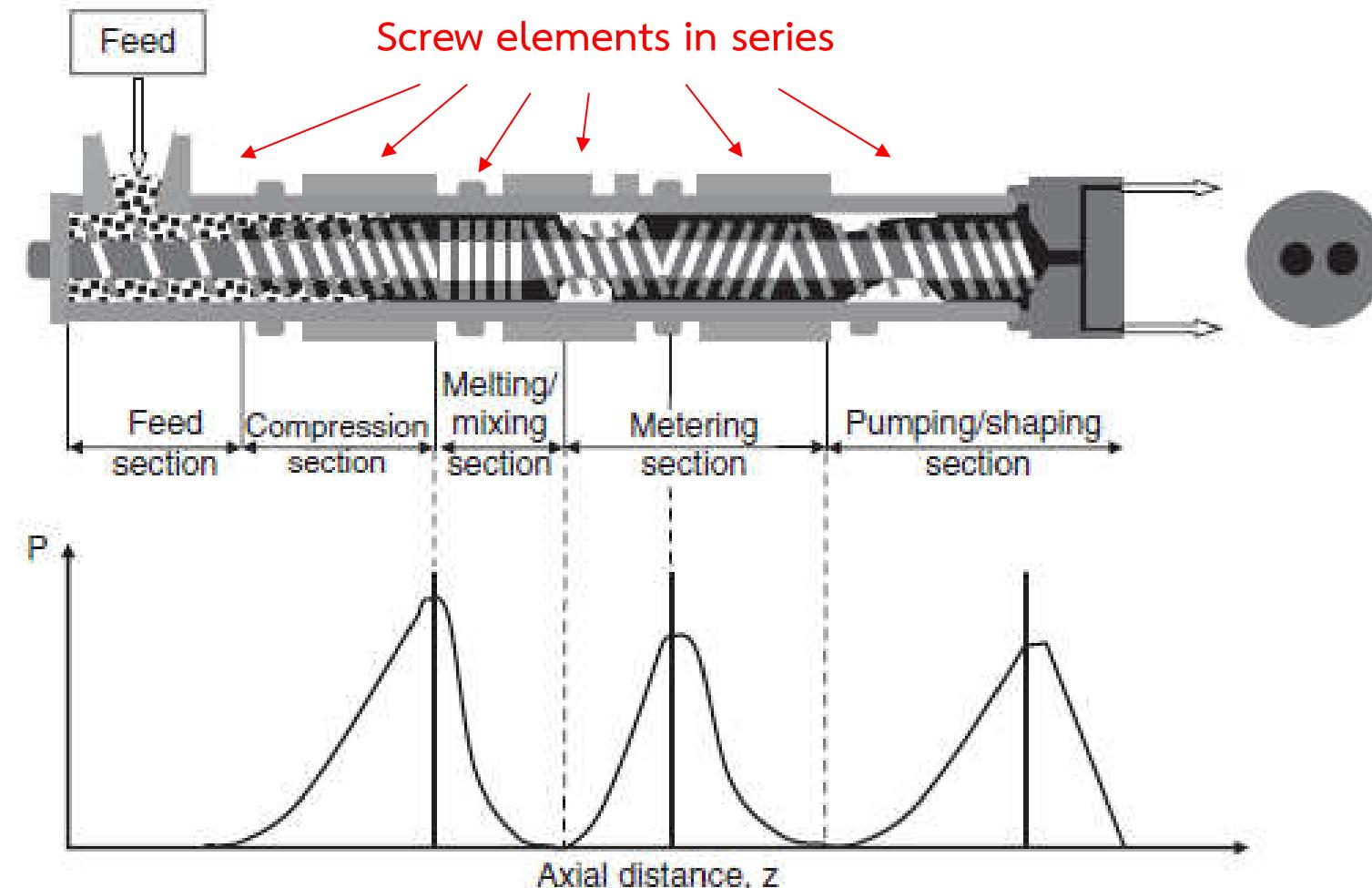
Two-stage monobloc screw assembly



<http://www.fusion-plastech.com/news/single-screw-extruder-SJ.html>

Twin screw extruder

- effective mixing and heat transfer, uniform melting, and effective temperature control.
- process flexibility by optimizing screw-barrel configuration for a particular application.



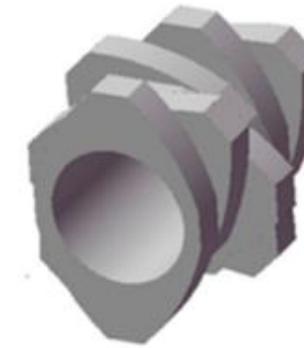
Basic screw elements



(a) conveying element



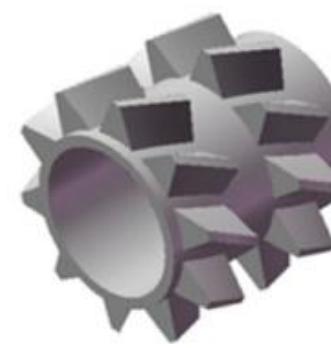
(b) reverse conveying element



(c) kneading block



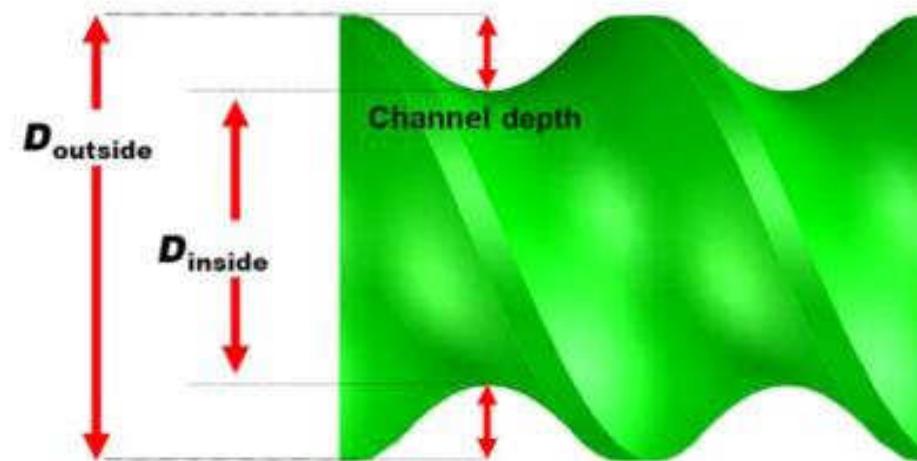
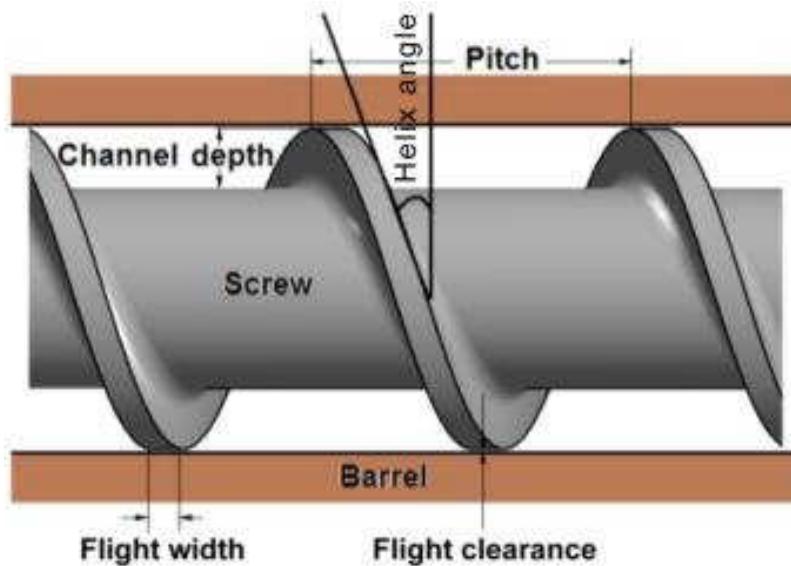
(d) reverse kneading element



(e) special mixing element

<https://pubs.acs.org/doi/10.1021/acs.iecr.0c05078?fig=fig2&ref=pdf>

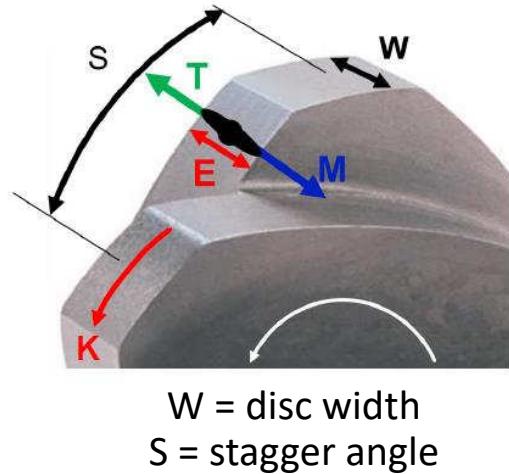
Conveying elements



- Transporting solid raw materials and melt to down stream processing section
- Building up pressure at the end of extruder barrel

Kneading elements

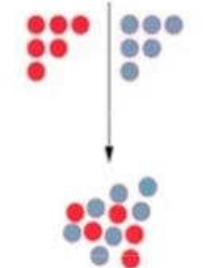
Dispersive Mixing
= Break up of agglomerates and aggregates



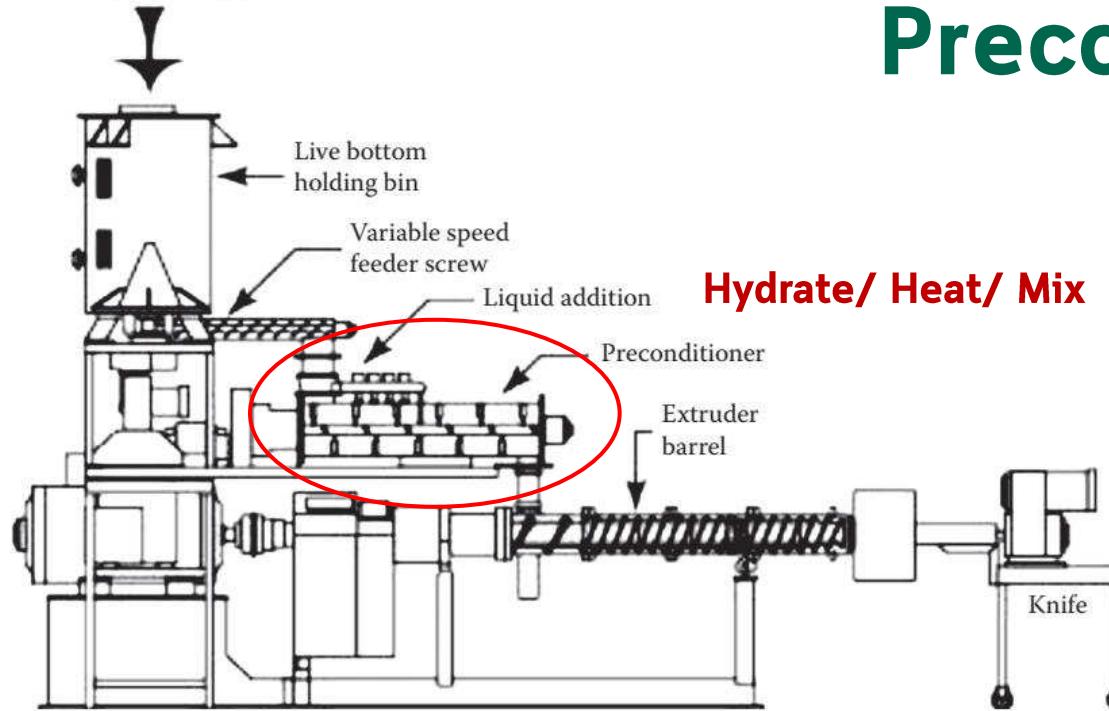
- generally used in the melting process.
- Good in dispersive mixing.
- designed as blocks or as individual disks arranged behind each other and cause, if their arrangement is staggered either to the left or right, an additional intensive mixing.

Mixing elements

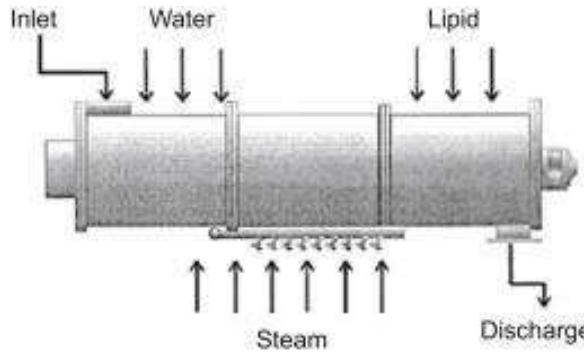
Distributive Mixing
= Distribution of primary particles



- applied for mixing liquids, powder or fibrous additives even in smallest concentrations.
- Improved mixing.
- Provided a distributive mixing promoter consisting of a standard screw profile with slots cut across the flight tip to increase leakage flow.



Sun D-W (2012) Advances in food extrusion technology, p 366



Preconditioner

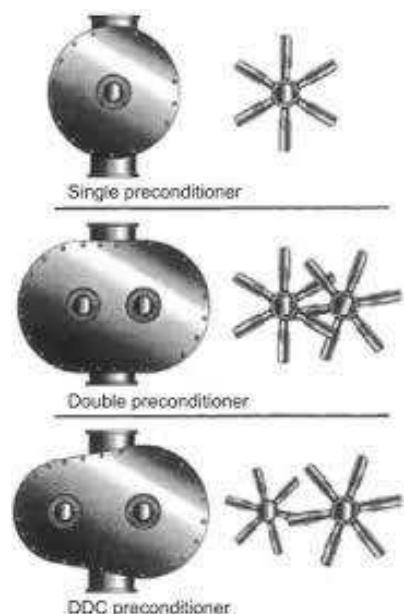
Preconditioning

Benefits of preconditioning

- Improve moisture penetration
- Improve heat transfer
- Improved mixing of wet and dry ingredients
- Decreased friction and wear of extruder components
- Higher extruder capacities

Design of preconditioner

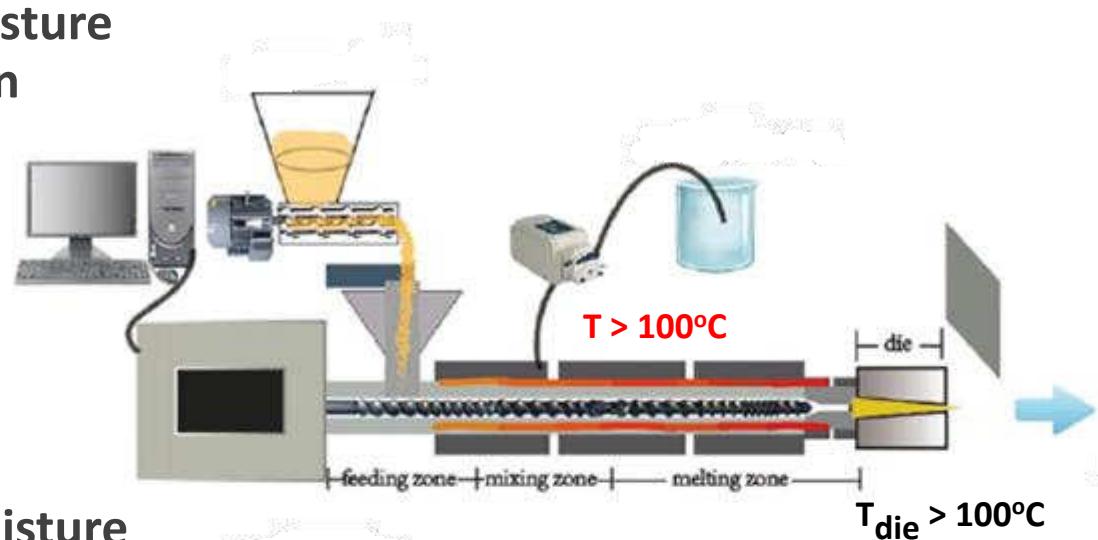
- Single-shaft
- Double-shaft
- Intermeshing Counter-rotating
- Same/ different speed
- Same/ different diameter



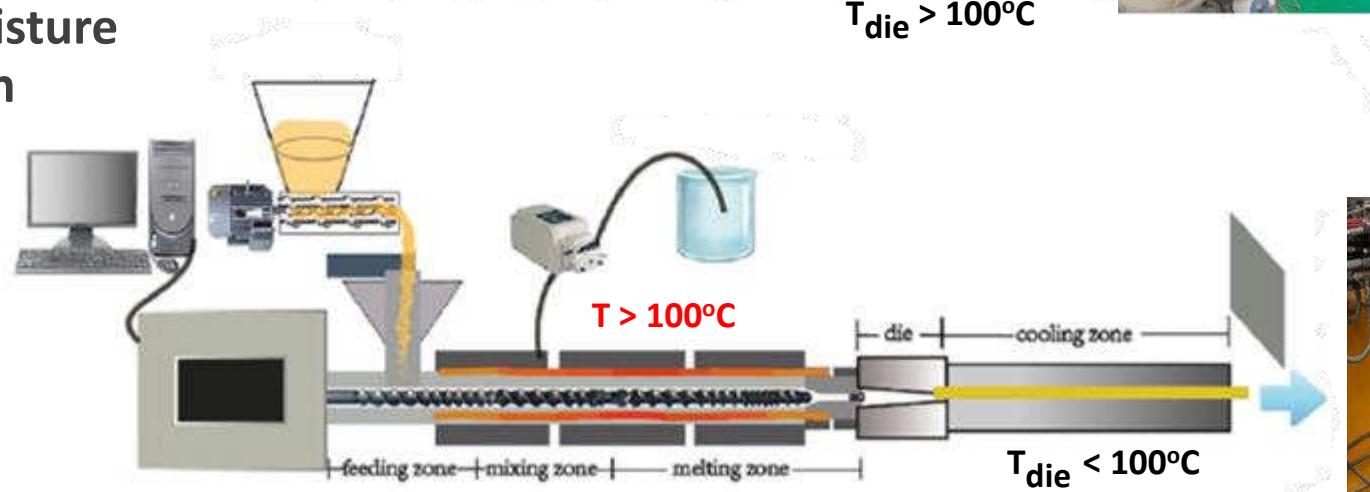
Perdon AA, Schonaue, SL, Poutanen K (2020) Breakfast Cereals and How They Are Made, 3rd ed., p 203-248

Extrusion

Low moisture extrusion



High moisture extrusion



Breakfast cereal



Dry kibble

Texturized Vegetable Protein (TVP)

- Expanded, Porous
- Oven dry for storage
- Low moisture product



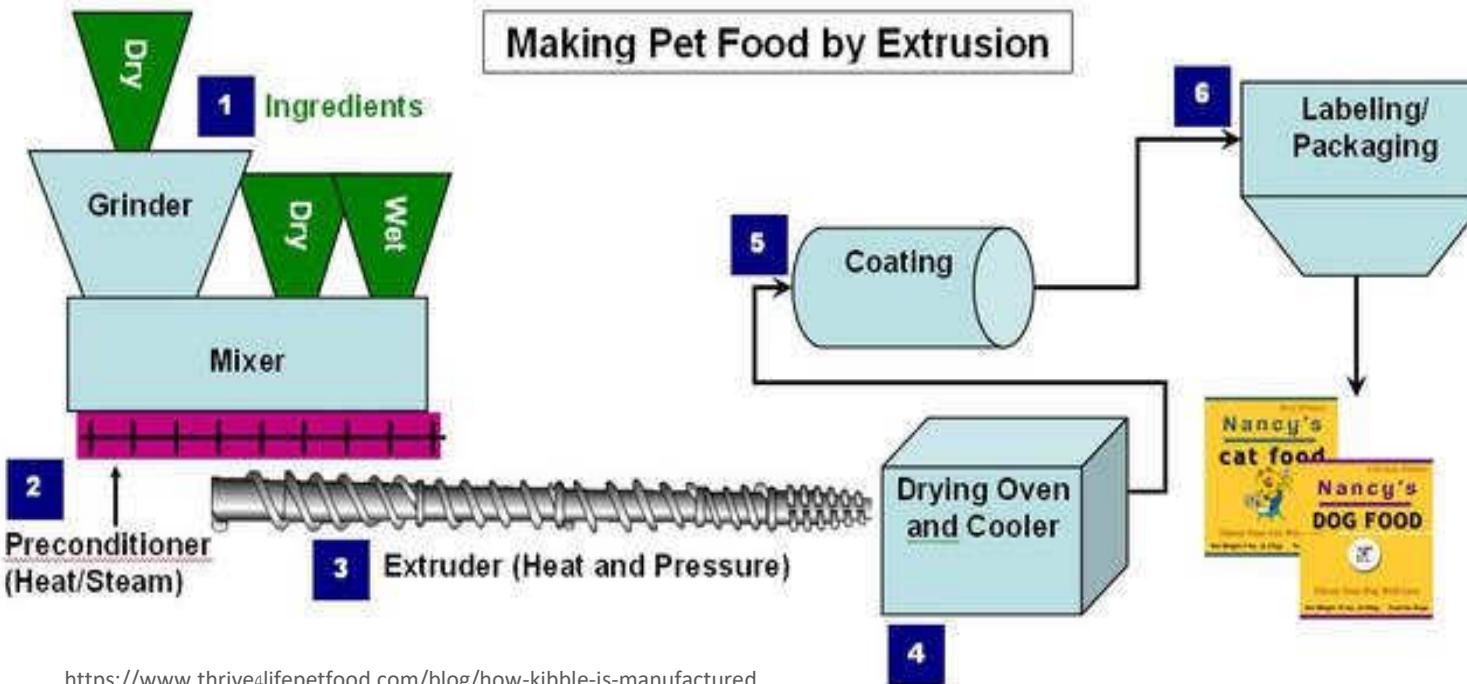
High Moisture Meat Analogue (HMMA)

- Fibrous or layer structure
- High moisture product
- Keep frozen

Modified from Zhang et al. (2019) Crit Rev Food Sci Nutr, 59, 3267-3280.

Dry pet food

More than 95% of kibble is manufactured using extrusion technology.



Kibble

Characteristics

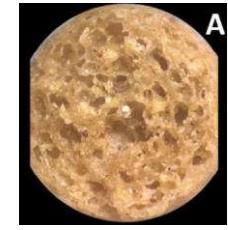
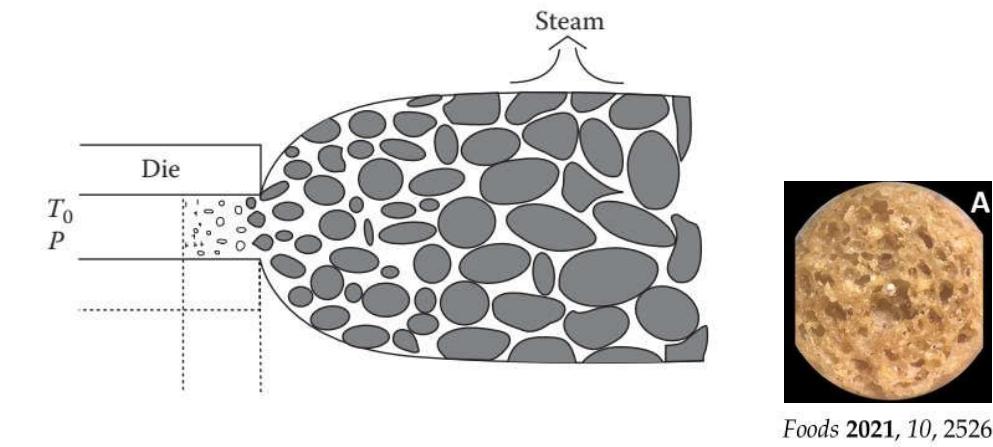
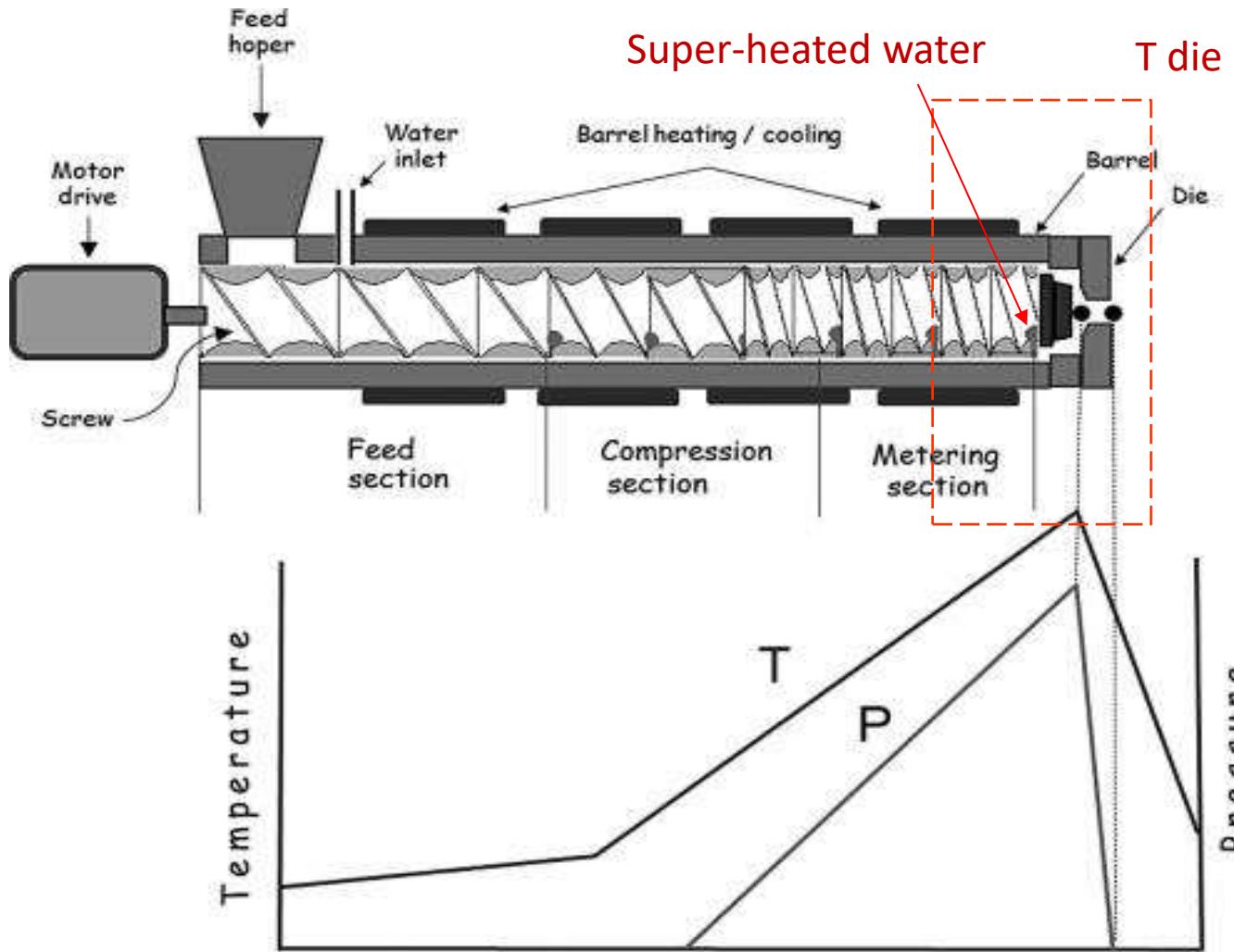
- Expansion index
- Bulk density
- Size
- Hardness

Concerns

Multiple times processing at high temperatures, effectively killing many vitamins and enzymes.

Spear and Fahey (2004) J.AOAC Int., 87, 787-791.

Expansion process in low-moisture extrusion



Foods 2021, 10, 2526

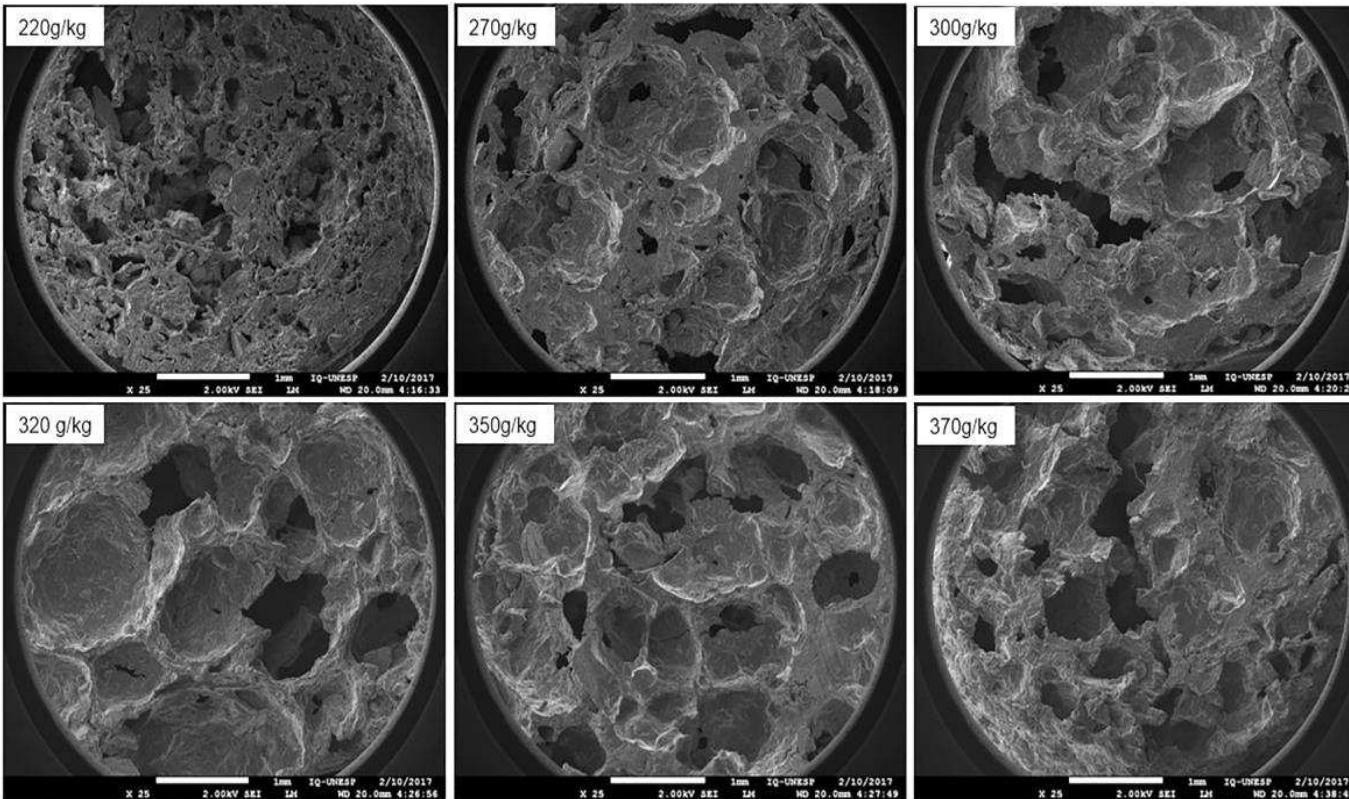
Product expansion after exiting the die due to vapor pressure and temperature difference

Ganjyal, GM (2020) Extrusion Cooking Cereal Grain and Processing, 2nd ed., p 31

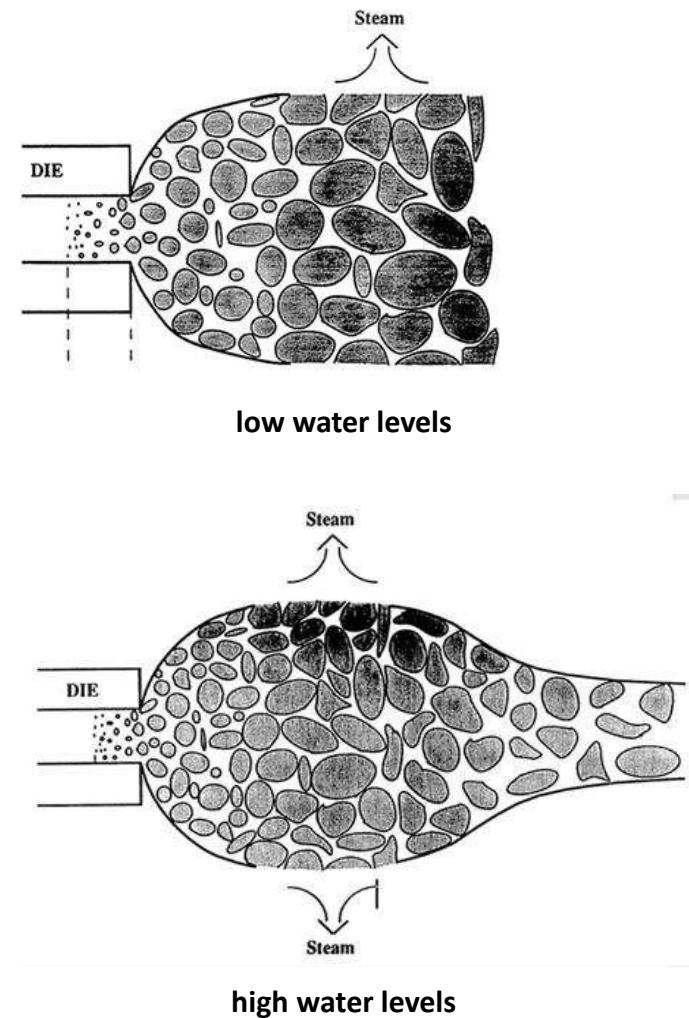
Sun D-W (2012) Advances in food extrusion technology, p 44

Kibble expansion

Effect of feed moisture content



Animal Feed Science and Technology 246 (2018) 82–90

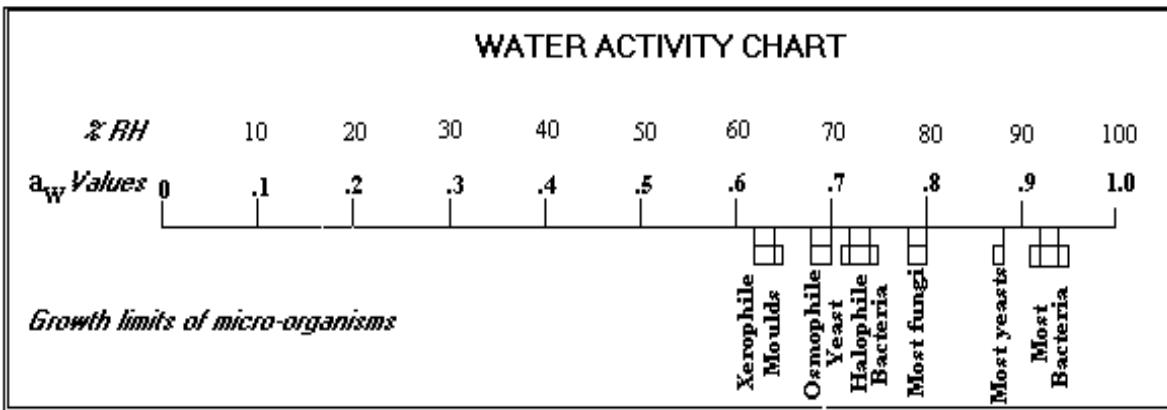


Modified from <https://www.globalseafood.org/advocate/extrusion-cooking-aquafeeds/>

Drying

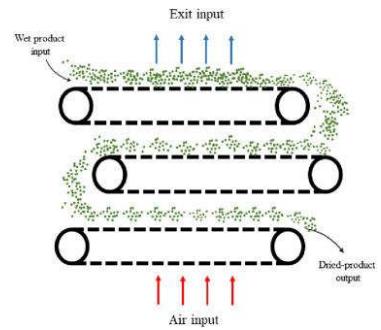
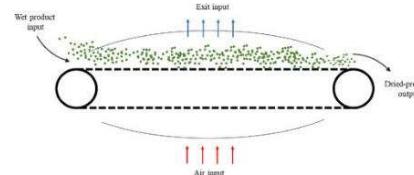
Water activity value (a_w):

- a_w represents the amount of unbound water available in a product.
- a_w of pure water = 1
- The higher a_w , the higher risk of spoilage.
- $a_w < 0.6$: No microbial proliferation



Dryer:

- Belt dryer (single belt, multi-stage belt)



Drying technology in food processing (2023), p33-46
<https://doi.org/10.1016/B978-0-12-819895-7.00011-0>

- Microwave dryer
- Infrared dryer

Enhancing the palatability of kibble

Fat/ Oil

- Fat/oil content and type contribute to food's mouthfeel and palatability.
- Fat/oil can be added within kibble and as a surface coating.
- Oxidation of fat/oil decreases palatability.

Palatant

- Palatants enhance smell, flavor, and texture of food.
- Common palatants include proteins, yeasts, salts, sugars, and amino acids.
- Palatants are often coated on a kibble surface.

Kibble size, shape and texture

- Kibble shape and size can significantly impact palatability.
- Large kibble has less surface area for palatants.

Nutrient content

- Moisture content can affect kibble texture and palatability.
- Different types of protein affect palatability.

<https://www.petfoodprocessing.net/articles/18894-palatable-preferences>

<https://www.kemin.com/na/en-us/blog/petfood-rendering/enhancing-palatability>

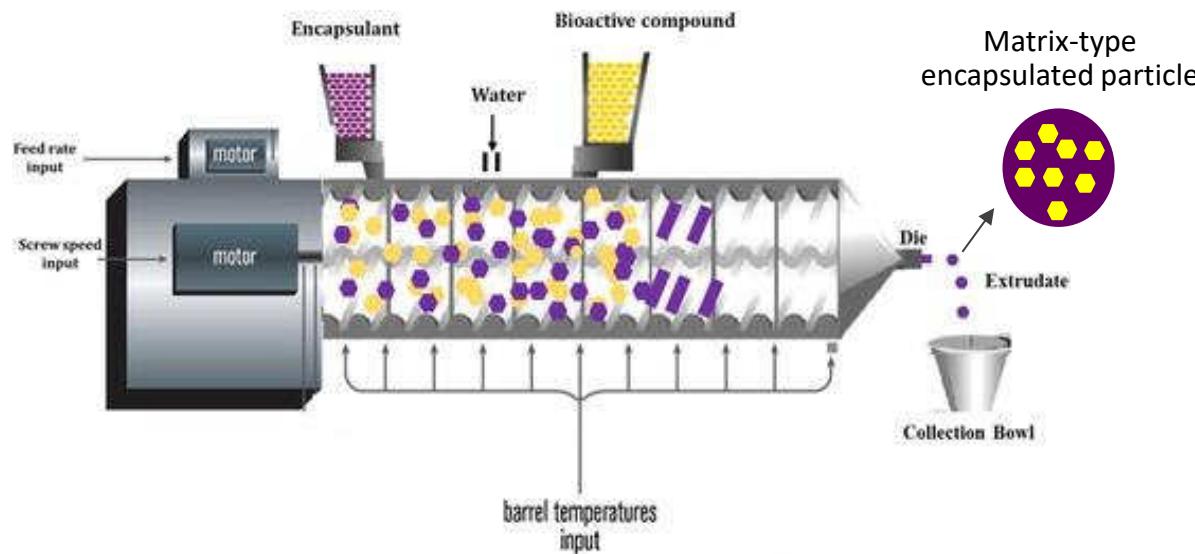
<https://www.petfoodprocessing.net/articles/18390-cracking-the-cat-code-how-to-create-nutritional-palatable-cat-foods>

Advance in palatability: Encapsulation

Encapsulation

- can be achieved by extrusion process.
- enhances thermal and oxidative stability of some sensitive ingredients, i.e., vitamins, flavors.
- aids in controlled release of key ingredients under predetermined conditions.

Extrusion encapsulation



Encapsulated particles

- easy to incorporate into pet food during manufacturing
- minimizes waste and requires less added nutrients
- benefits in pet nutrition

Meat-free kibble

Sustainability



<https://www.iqi-petfood.com/sustainability/#>

Alternative proteins: Pulse proteins/ Insect proteins/ Cultured proteins

Product: V-Dog (US), Wild Earth (US), Benevo (UK), Yora (US), Bond Pet Foods (US), MicroBell (UK)



Semi-moist pet food

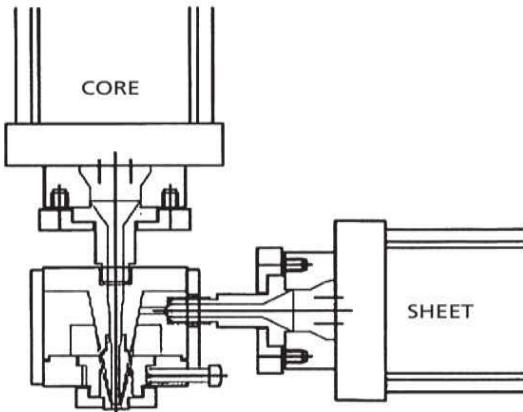
Semi-moist pet food

- Typically contains 20-65% moisture content
- Softer texture than dry kibble
- Water activity (a_w) < 0.60 by
 - Adding humectants (glycerol, polypropylene glycol, sugars, syrups, etc.)
 - Adjusting pH levels to 4.0 to 5.5
 - Adding preservatives

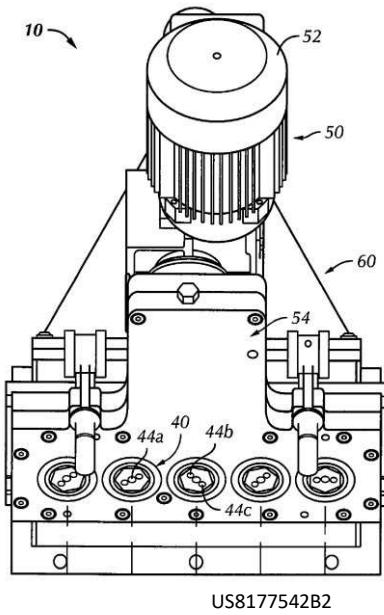


Soft treats

Co-extrusion in pet food



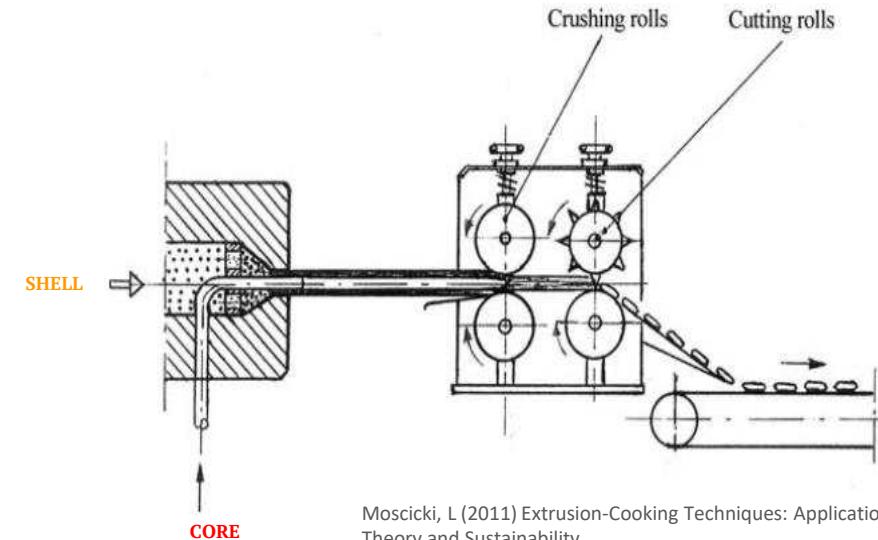
Journal of Pharmacy and Pharmacology, 66, pp. 167–179



Dental treats



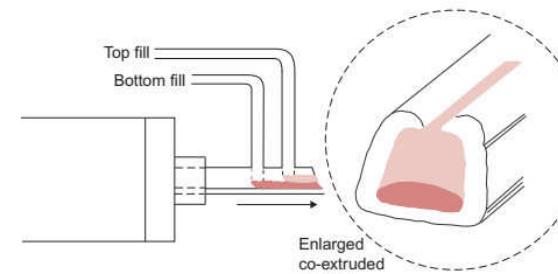
Soft treats



Moscicki, L (2011) Extrusion-Cooking Techniques: Applications, Theory and Sustainability.



Filled snacks



■Figure 14.2 Filled products using co-extrusion. (Adapted from Moore, 1994)

Co-extrusion in pet food

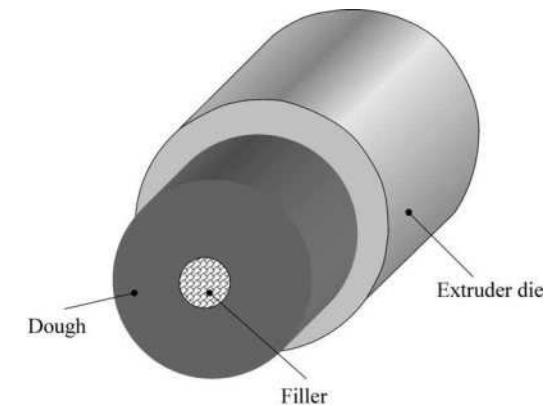
Advantages

- Provide products with diverse textures, shapes, colors, flavors, and nutritional profiles.
- Enhance palatability and visual appeal.



Challenges

- Moisture migration between core and shell could affect texture and stability.
- Comparable rheological properties of core and shell materials is crucial for achieving a cohesive and well-developed product.



Journal of Food Engineering 52 (2002) 67-74

Wet pet food

General types of wet pet food



loaf

chunks-in-gravy

chunks-in-loaf

Animals 2023, 13, 1134

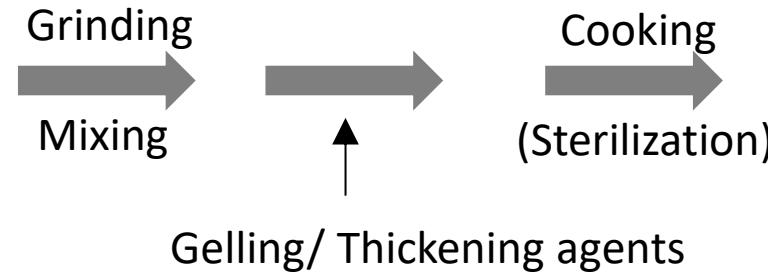
Characteristics

- High moisture content > 65%
- Typically contains meat protein, and mixes with gelling agents or gravy
- Soft texture
- More palatable than dry and semi-moist
- Shelf-stable (sterilization)

Wet pet food processing

Meat, Meat by-products

Other ingredients
(i.e., fats/oils,
vitamins, minerals,
cereals, vegetables)



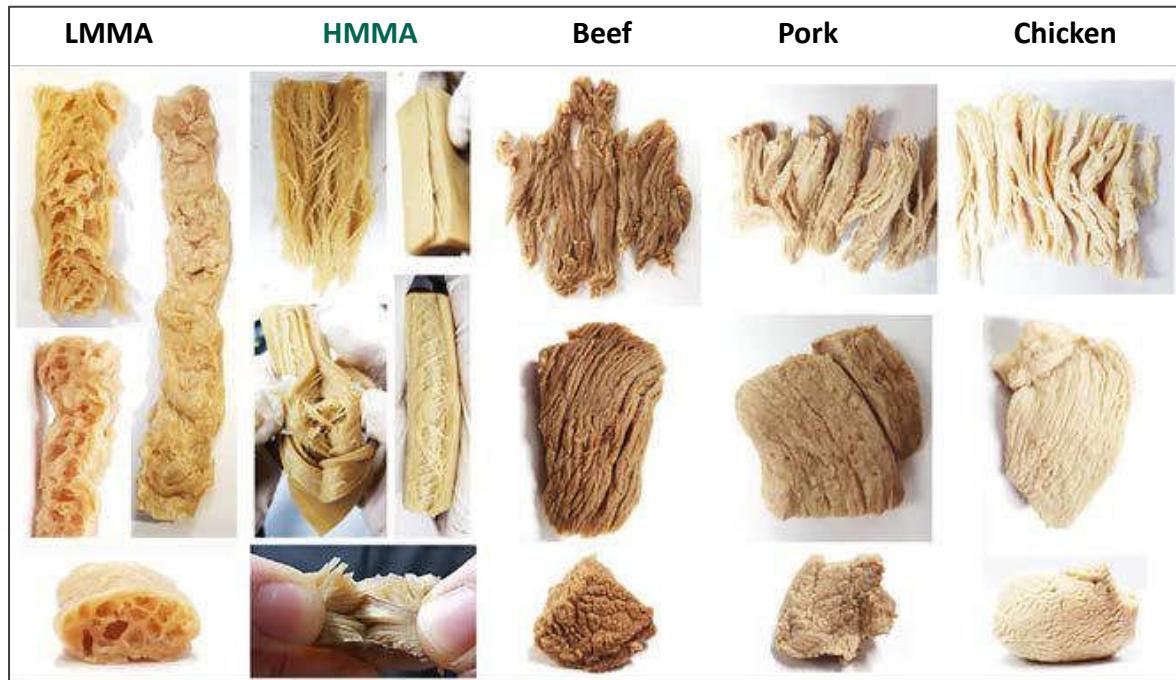
Meat analogue in wet pet food

Meat analogue

- Made from plant proteins (i.e., soy, pea, wheat, etc.) as a major ingredient
- Provided meat-like chunks in wet pet food
- Gave chewy texture
- Retained shape and color better than real meat during retort



<https://www.kerry.com/markets/animal-applications/pet-food-nutrition/plant-based-pet-food-trends>



LMMA (low moisture meat analogue) or TVP (Texturized vegetable protein)

- Prepared from low moisture extrusion
- Spongy appearance
- Need rehydration

High moisture meat analogue (HMMA)

- Prepared from high moisture extrusion
- Gave fibrous appearance and texture

Low-moisture extrusion for wet pet food



Texturized vegetable protein (TVP)



Fig. 1. Low moisture textured vegetable proteins (e.g., blend of corn/soy protein). A: dry. B: hydrated. Copyright: ClonBio group Ltd.

Future Foods 6 (2022) 100181

<https://www.petfoodindustry.com/ingredient-issues/proteins/article/15448627/textured-vegetable-protein-all-about-appearance>



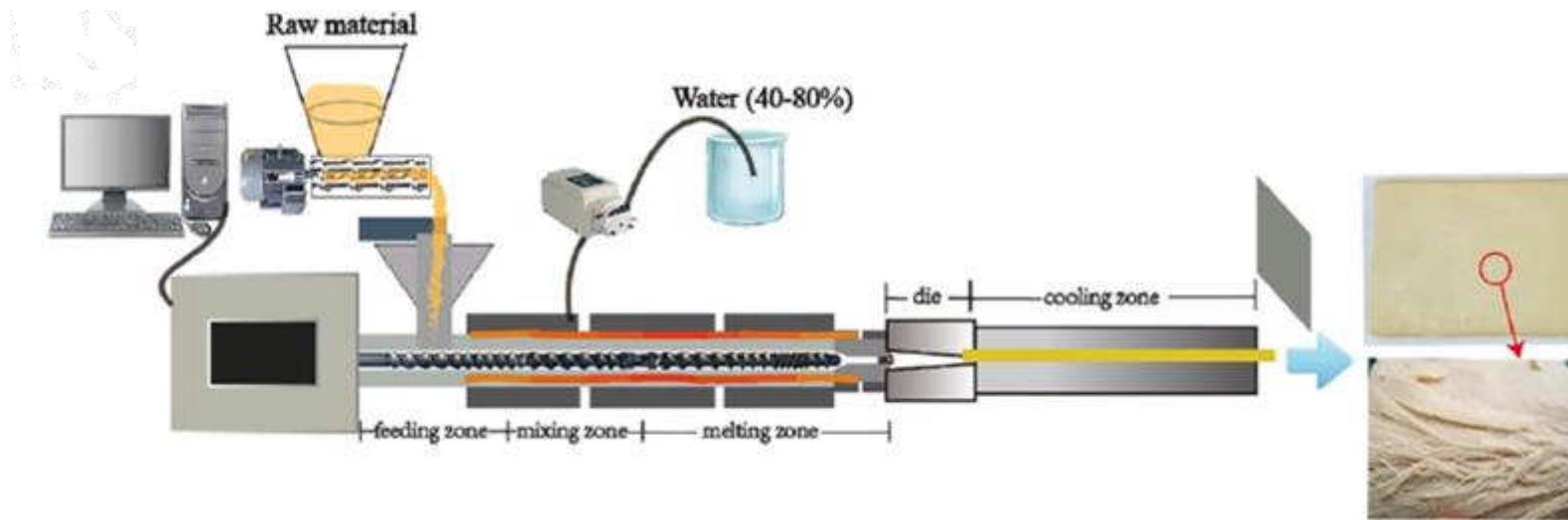
Picture 1. Vestkorn's textured pea protein mince in tapioca and carrot gravy.



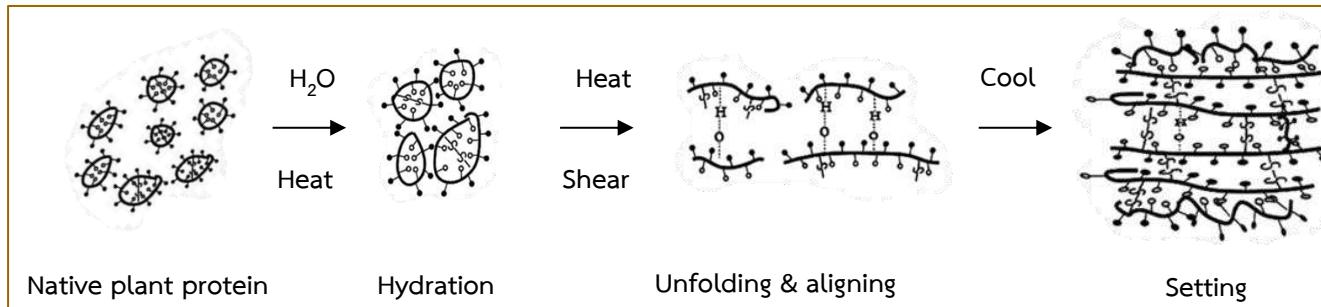
Picture 2. Vestkorn's textured pea protein chunks in banana and carrot gravy.

High-moisture extrusion for wet pet food

Fiber formation in high-moisture extrusion



Conformational change of plant protein during HME



Raw materials

- Protein
 - plant-based (soy, wheat, pea, etc.)
 - animal-based (meat meal, insect, whey, etc.)
- Starch
- Fiber

Modified from Zhang et al. (2019) Crit Rev Food Sci Nutr, 59, 3267-3280.

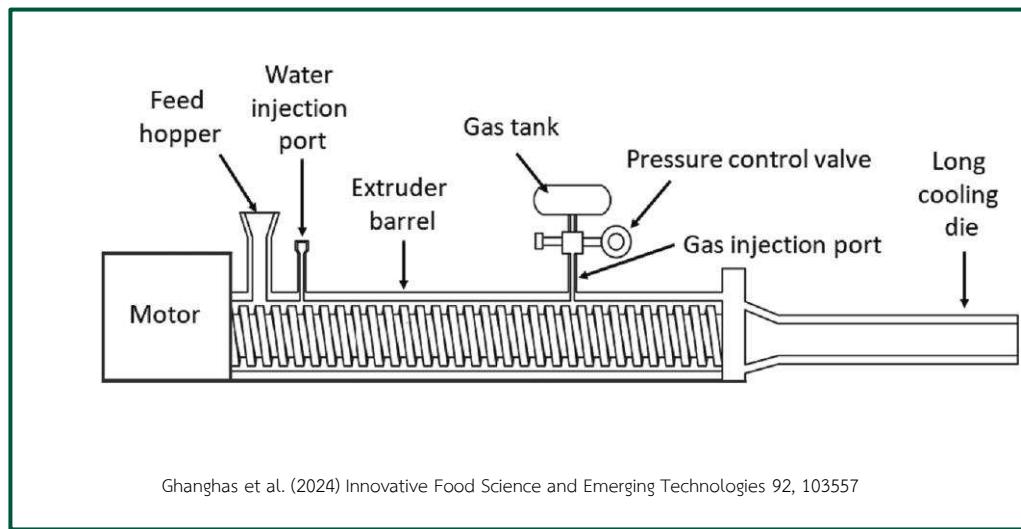
High-moisture extrusion for wet pet food

High-moisture extrusion unlocks new possibilities for wet pet food innovation

- combines with aeration technology and breaker plates
- improves texture, appearance, and palatability, meeting the growing demand for premium-quality wet pet foods.



Breaker plate



Ghanghas et al. (2024) Innovative Food Science and Emerging Technologies 92, 103557



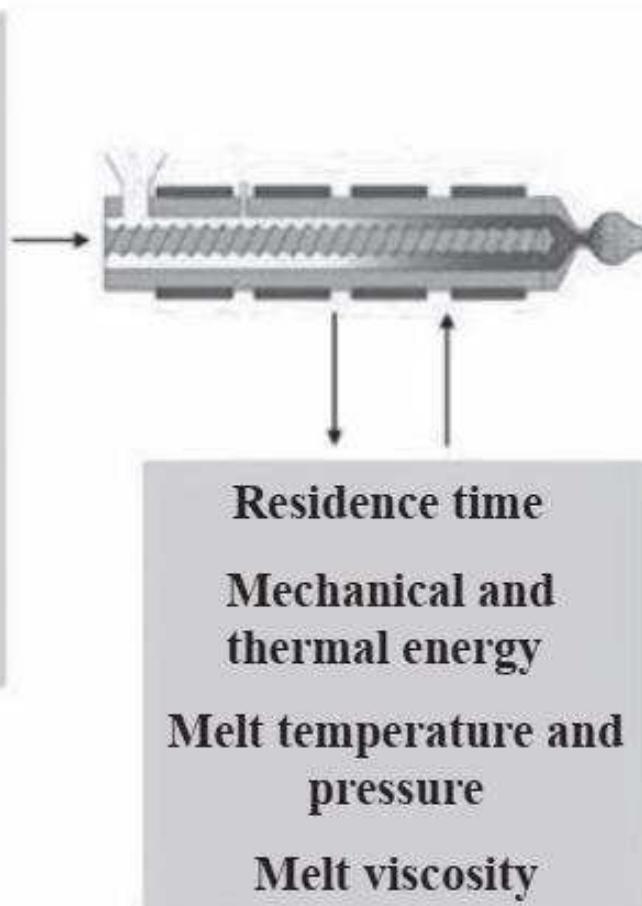
Pore can be generated by

- Introducing gas in the extruder (i.e., CO₂, N₂)
- Adding a gas-releasing compound (i.e., NaHCO₃, Na₂CO₃)

Extrusion process parameters

Independent parameters

- Raw material characteristics
- Formulation characteristics
- Extrusion conditions
 - Feed rates
 - Moisture in the screw-barrel assembly
 - Screw speed
 - Screw Configurations
 - Barrel temperature
 - Die set-up/dimensions



Product parameters

- Physical properties
- Chemical properties
- Nutritional characteristics
- Sensory characteristics

<https://doi.org/10.1016/B978-0-12-815360-4.00002-X>

Fig. 3 Cooking extrusion—dependent and independent parameters of the process.
(Adapted from Gu, B., Kowalski, R.J., Ganjyal, G.M., 2017. *Food Extrusion Processing: An Overview*. WSU Extension, FS264E: 1–5.)

Dependent parameters

ZSK 18MEGAlab

9 segmented barrels & Vent port at B8
Screw diameter: 18 mm (L/D: 36)
Barrel length: 72 mm
Max. temp: 315°C
Max. screw speed: 1200 rpm
Max. throughput: 40 kg/h

Gravimetric solid feeder (K-tron, Niederlenz, Switzerland)

Gravimetric liquid feeder (K-tron, Niederlenz, Switzerland)

Liquid feeder (Volumetric pump, Watson Marlow, UK)

A variety of screw elements

Long cooling die:

Rectangular (die opening)
Dimension: 50 x 15 x 800 mm &
45 x 10 x 750 mm (W x H x L)
Temp. :30-60°C

Other dies

Circle : 2, 3, 4, 5 mm (diameter)
Square : 10 x 10 mm

Concentric pelletizer (ZGF30, Coperion, Germany)

Belt conveyor

FOMT facility Twin Screw Extruder

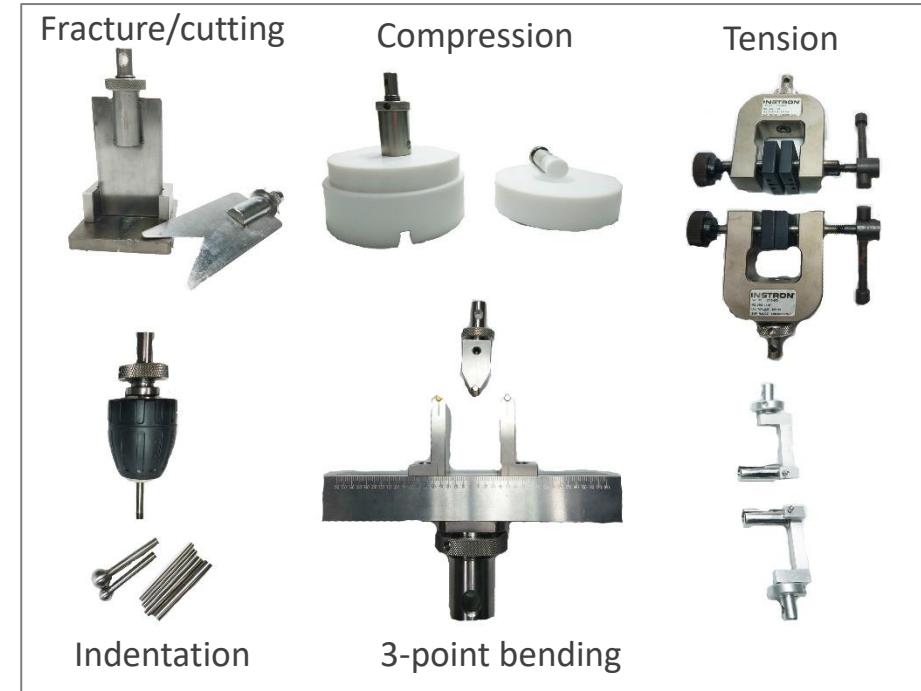
Co-rotating Twin Screw Extruder
(ZSK 18MEGAlab, Coperion, Germany)



FOMT facility Texture Analyzer



Universal Testing Machine (Instron 5943)
Load capacity: 1, 100, 1,000 N load cells



Thank You



<https://www.smurfitkappa.com/sectors/pet-food>



<https://sunsetviewpets.com/articles/966732-april-newsletter-the-benefits-of-dental-chews-for-dogs>



ติดต่อ นายชนิต วนิภานุกูล นักวิเคราะห์อาวุโส
งานประสานธุรกิจและอุตสาหกรรม ฝ่ายพัฒนาธุรกิจ
ศูนย์เทคโนโลยีโลหะและวัสดุแห่งชาติ (เอ็มเทค)
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