

# HEALTHY BAKERY INNOVATION

Combining Vitamins & Natural Colors in Bakery Formulation

19 March 2026

Presented by:

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# Nutrition and health benefits are strong value indicators for Thais

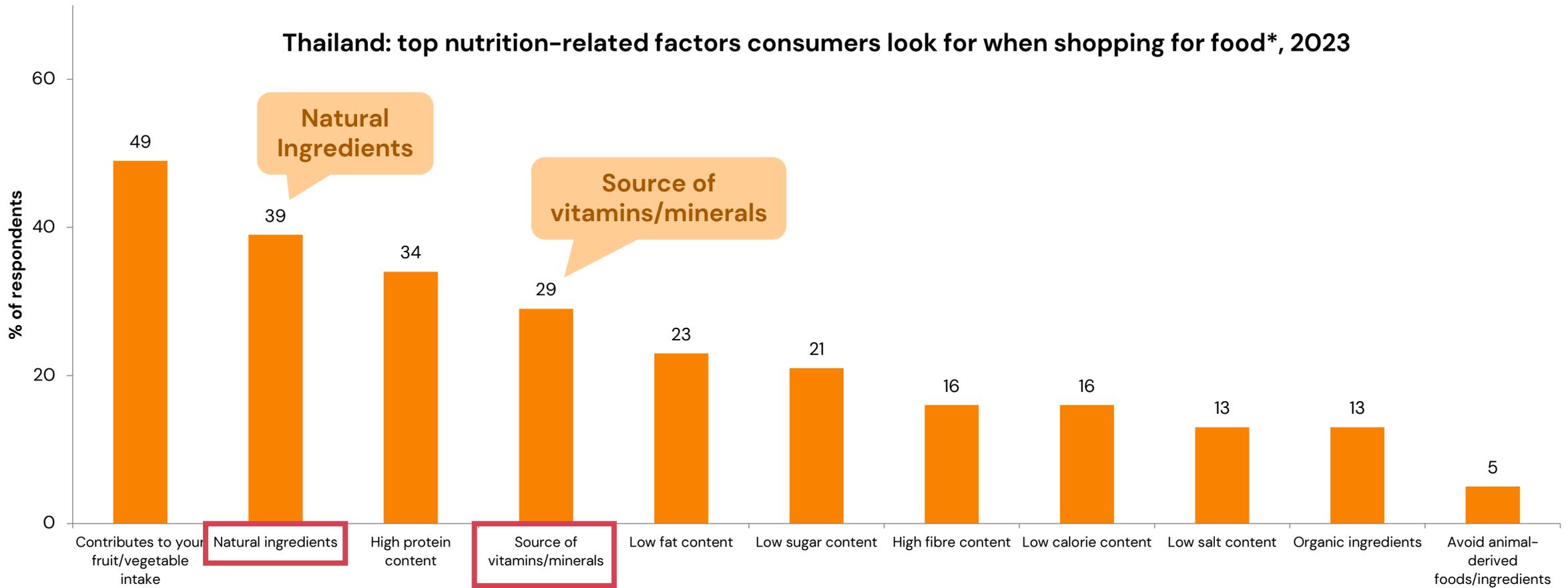
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## ❤️ 74% Value Health Benefits

Thais see **health-enhanced foods** as *good value for money*.

## 🔍 Nutrition-Focused Shoppers

Many consumers actively **check nutritional info** when purchasing

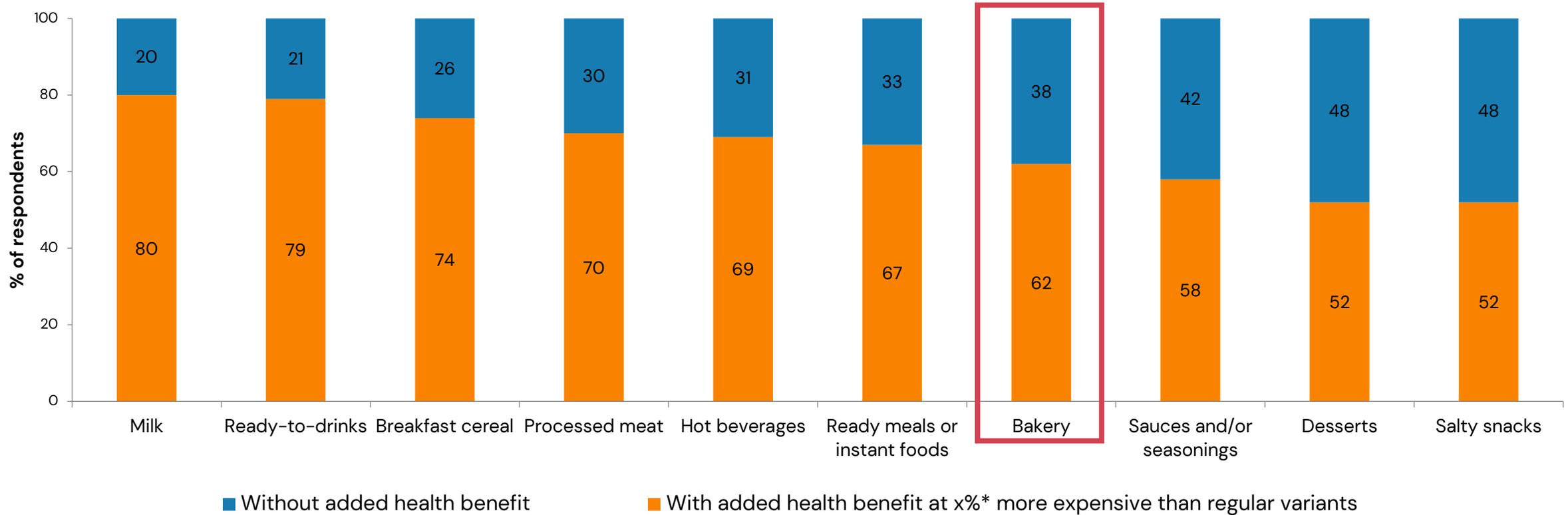


\* taken from Mintel's Global Consumer

# Health-consciousness drives nutrition and health functionality as strong indicators of value

- Thais prefer buying food & drink with added health benefits, even in spite of its typically higher cost.
- Taste and affordability are pivotal, but brands will increasingly need to demonstrate their health value.

Thailand: product preference, by product category, 2023



\* preferred price increase for functional food & drink over regular ones varies by individual respondents

Base: 1,070 internet users aged 18+ who are willing to pay more for food and/or drink products with added health benefits compared to those without Source: [Dynata/Mintel, July 2023](#)

## Stability

Offset color loss due to exposure to

- Light
- Air
- Temperature extremes
- Moisture and storage conditions



## Visual appearance

- Correct natural variations in color
- Enhance colors that occur naturally
- Colors always link to flavour impression



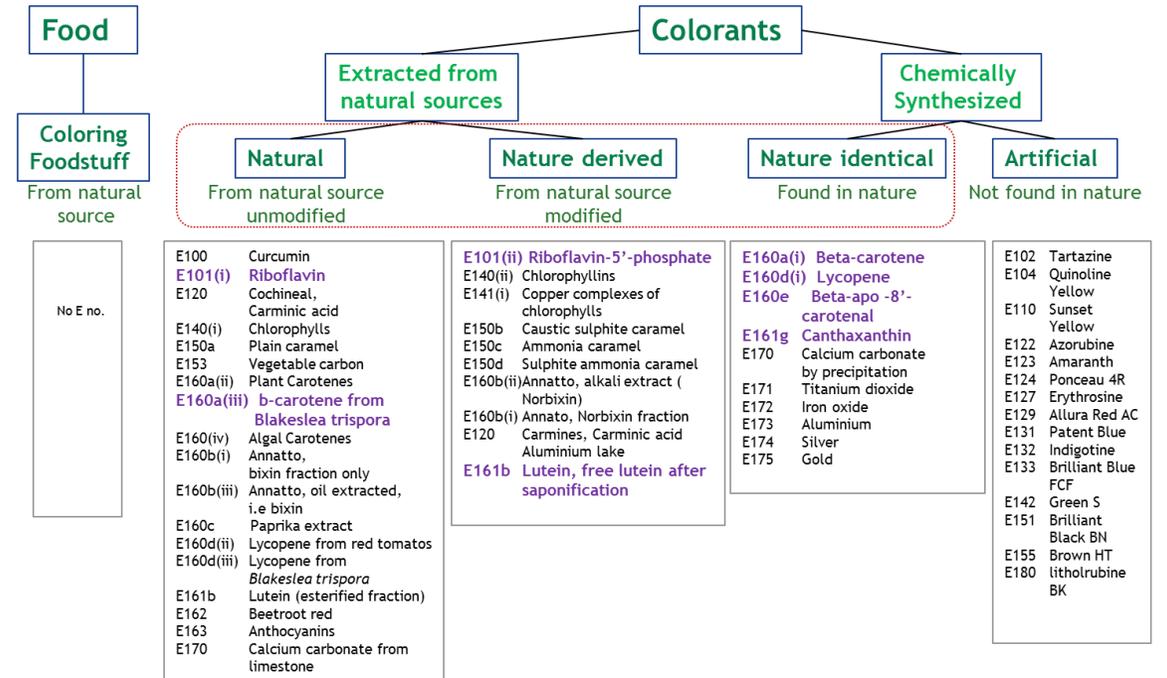
# Food Color Definitions

**Synthetic Colors / Artificial:** These do not occur in nature and are produced by chemical synthesis.

**Nature Identical Colors:** These colors are also manufactured by chemical synthesis, but do not require FDA certification and are considered chemically and functionally indistinguishable from the same colorant found in nature.

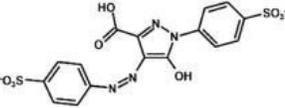
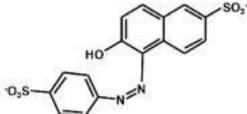
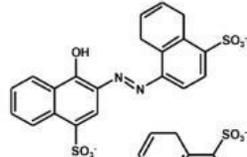
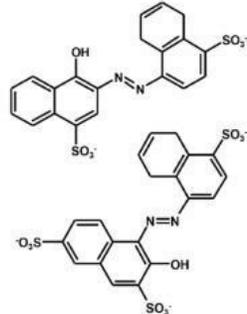
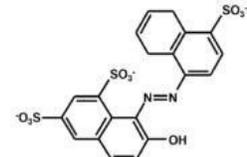
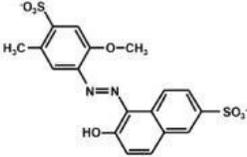
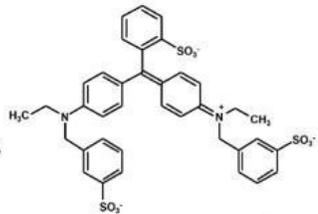
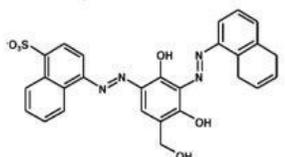
**Natural Colors:** These are extracted from agricultural/biological materials using conventional methods and do not require certification.

## NATCOL Definition



# Synthetic Colors / Artificial

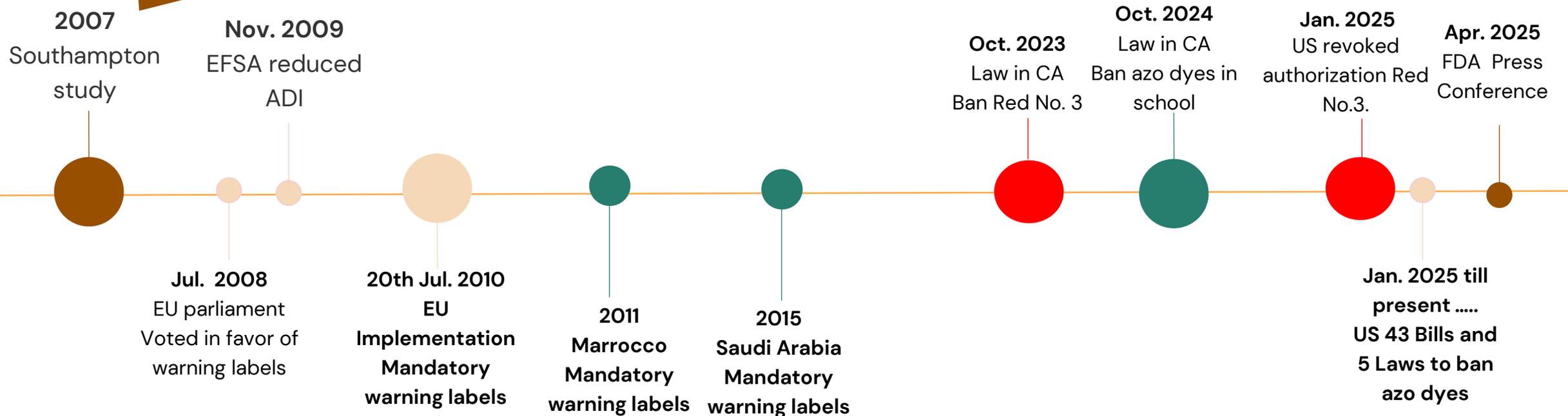
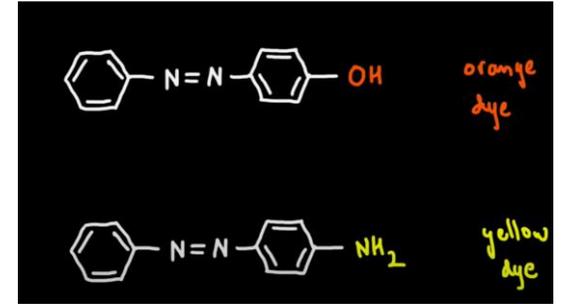
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AZO DYE	ENS	COLOR	FOOD PRODUCT	ADI	MOLECULAR STRUCTURE
Tartrazine (Yellow 5 <sup>A</sup> ; cl 19140 <sup>B</sup> ) $C_{10}H_9N_4Na_3O_7S_2$	E102			7.5 mg/kg	
Sunset Yellow (Yellow 6 <sup>A</sup> ; cl 15985 <sup>B</sup> ) $C_{18}H_{10}N_2Na_2O_7S_2$	E110			4 mg/kg	
Carmoisine (Acid Red 14 <sup>A</sup> ; cl 14720 <sup>B</sup> ) $C_{20}H_{12}N_2Na_2O_7S_2$	E122			4 mg/kg	
Amaranth (Acid Red 27 <sup>A</sup> ; cl 16185 <sup>B</sup> ) $C_{20}H_{11}N_2Na_3O_{10}S_3$	E123			0-0.8 mg/kg	
Ponceau 4R (Acid Red 18 <sup>A</sup> ; cl 16255 <sup>B</sup> ) $C_{20}H_{11}N_2Na_3O_{10}S_3$	E124			0.7 mg/kg	
Allura Red (FD&C Red 40 <sup>A</sup> ; cl 16035 <sup>B</sup> ) $C_{18}H_{14}N_2Na_2O_6S_2$	E124			7 mg/kg	
Brilliant blue (FD&C Red 40 <sup>A</sup> ; cl 16035 <sup>B</sup> ) $C_{37}H_{34}N_2Na_2O_8S_3$	E133			6 mg/kg	
Brown HT (Food Brown 3 <sup>A</sup> ; cl 20285 <sup>B</sup> ) $C_{27}H_{18}N_4Na_2O_5S_2$	E155			1.5 mg/kg	

# Azo dyes

A collective term used to describe a family of synthetic dyes containing a pair of nitrogen atoms bonded to each other (N=N) is an azo group.

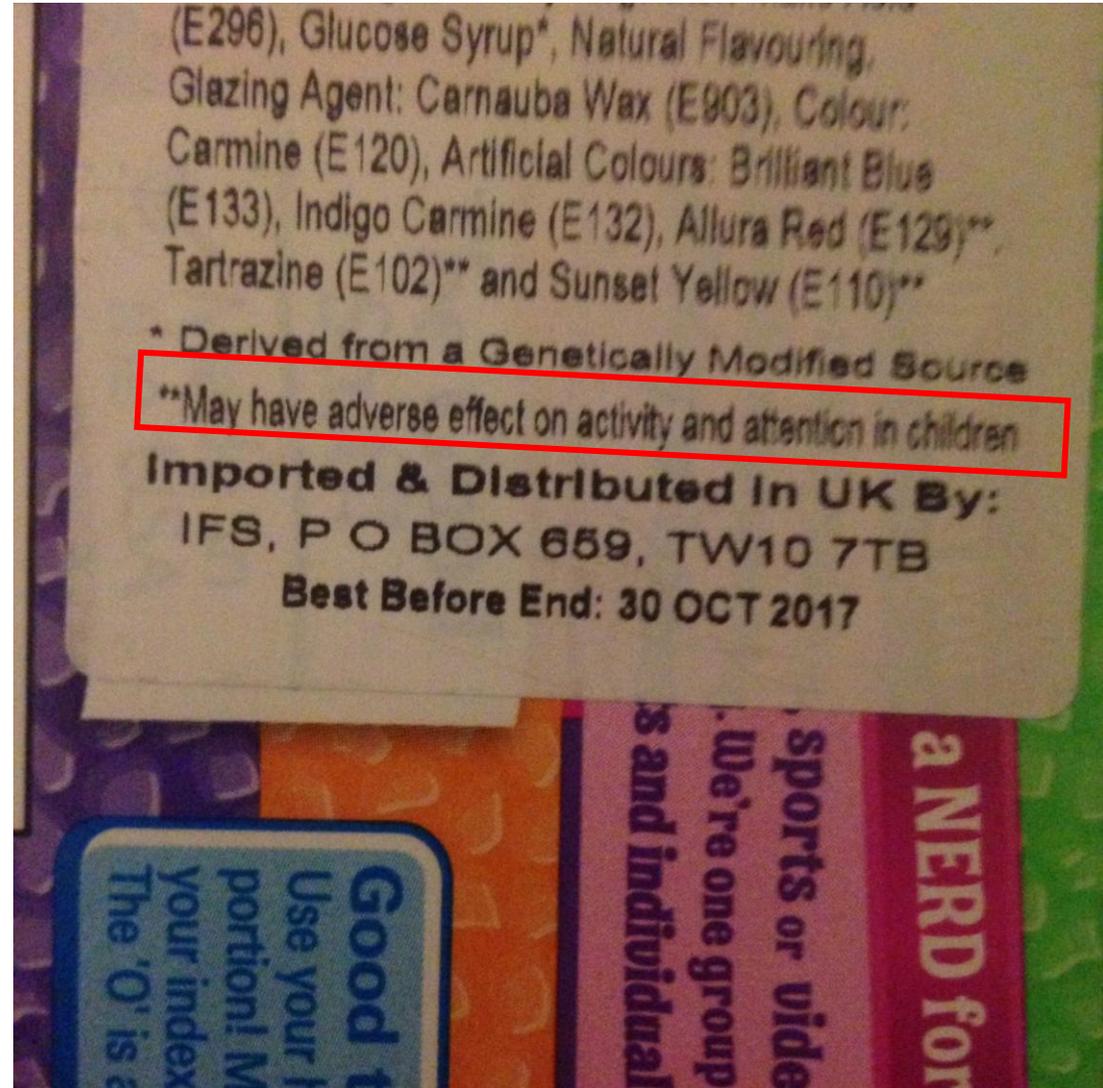
Studies have indicated a potential link between these Azo dyes and increased **hyperactivity and attention problems in children**, including those with and without ADHD.



"May have an adverse effect on activity and attention in children"

ADI Acceptable Daily Intake

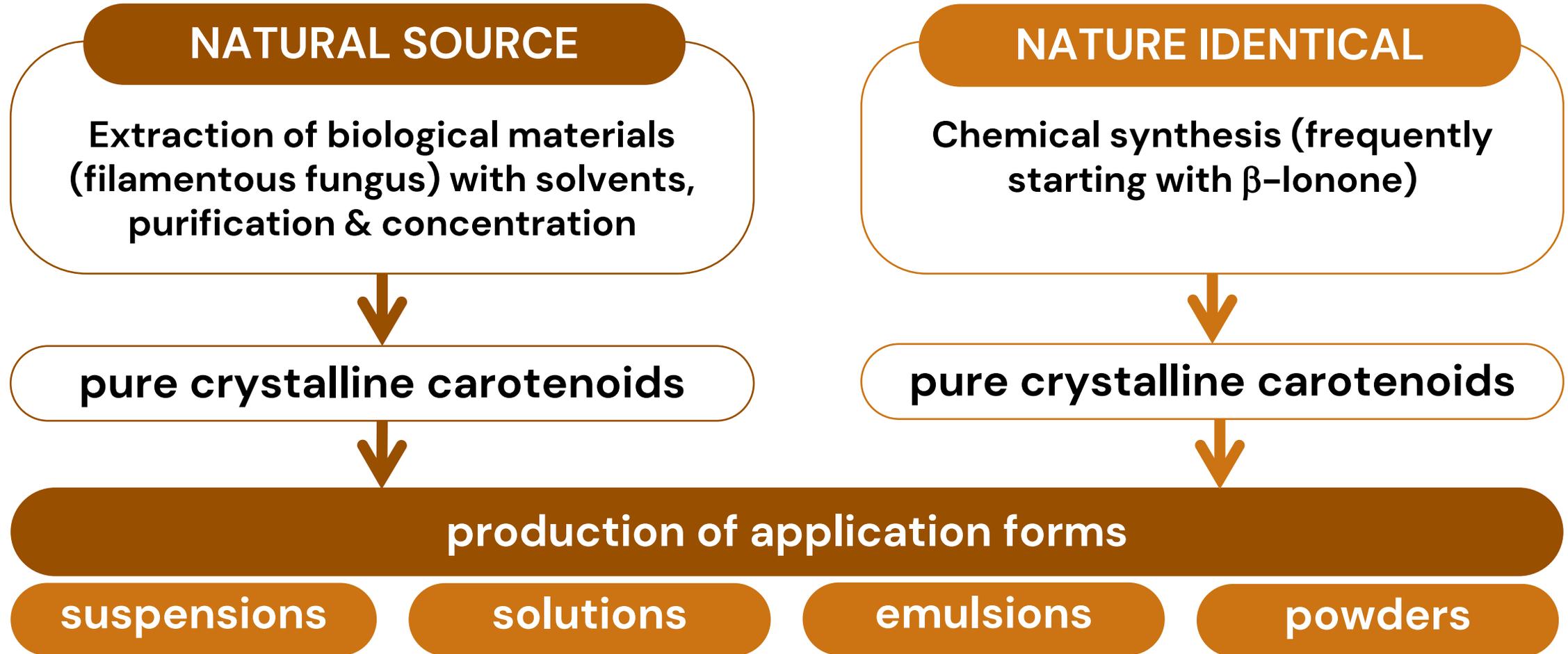
# 2010 EU: Implementation Mandatory warning labels



# Colorations produced by dsm-firmenich

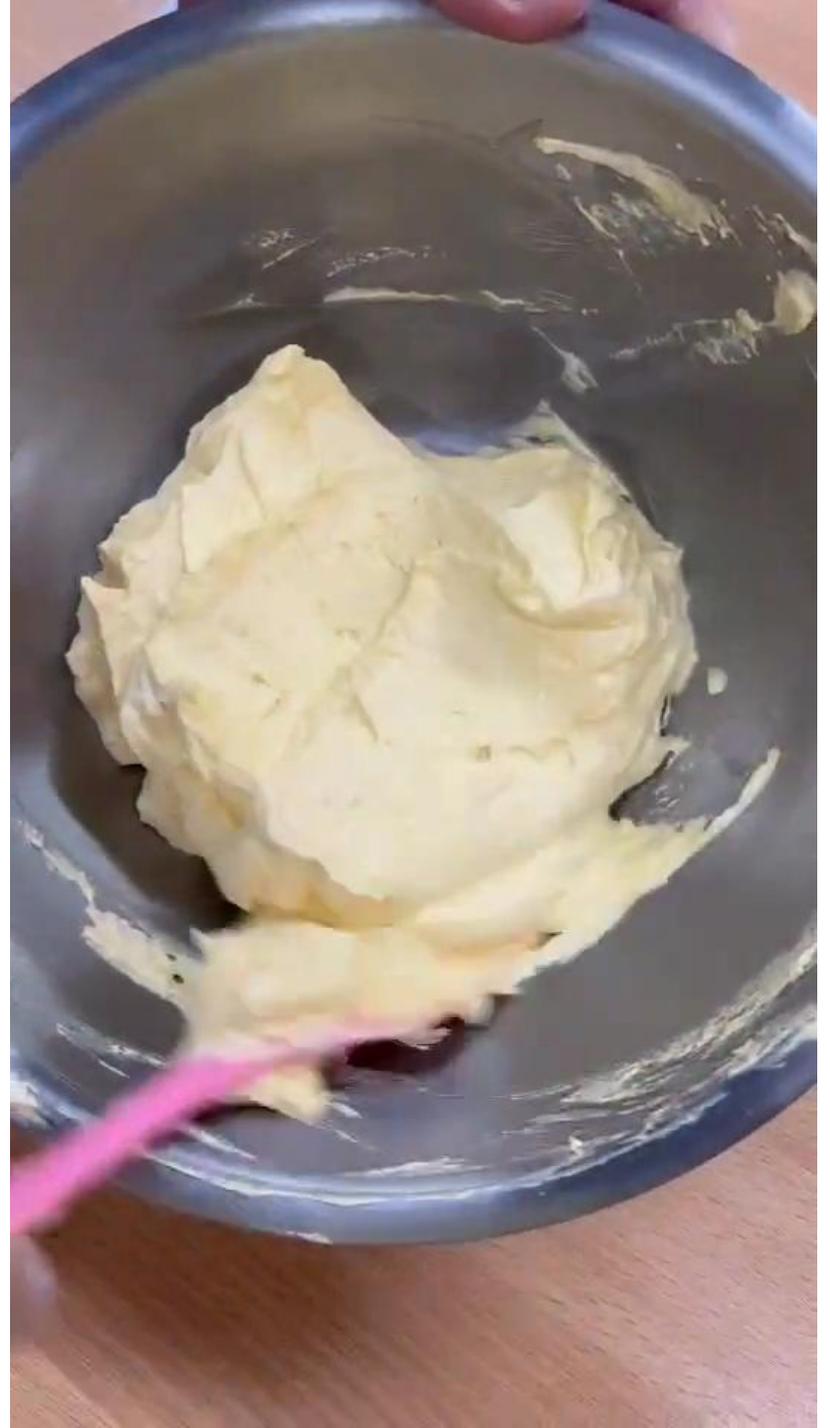
Carotenoid	Color	Function	Source & ins number
<b>Beta-Carotene (Carocare®)</b>	Yellow - Orange	Color Provitamin A	Natural source (Fermentation) – <b>INS 160a (iii)</b> Nature identical – <b>INS 160a (i)</b>
<b>Riboflavin</b>	Yellow	Color Vitamin B2	Natural Identical – <b>INS 101 (i)</b>
<b>Apocarotenal</b>	Orange	Color	Nature identical – <b>INS 160e</b>
<b>Lutein (FloraGLO®)</b>	Yellow	Color Eye health; skin health	Natural source (marigold flower) – <b>INS 161b (i)</b>
<b>Lycopene</b>	Red	Color Skin health	Nature identical – <b>INS 160d (i)</b>

# Where do dsm-firmenich's carotenoids come from?



## How to use B-Carotene in application ?





# Buttercream

## Natural Colors



CaroCare® Nat.  
B-Carotene 1%



CaroCare® Nat.  
B-Carotene 10%



Sodium Copper  
Chlorophyllin



Beetroot  
Concertrate



Spirulina  
Extract



# Thai Tea Eclair

## Natural Colors

### Natural Orange Color

Yellow

**FloraGLO®** Lutein

Red

Beetroot concentrate



# ประกาศกระทรวงสาธารณสุข

(ฉบับที่ ๔๖๘) พ.ศ. ๒๕๖๘

ออกตามความในพระราชบัญญัติอาหาร พ.ศ. ๒๕๒๒

เรื่อง กำหนดหลักเกณฑ์ เงื่อนไข วิธีการใช้ และอัตราส่วนของวัตถุเจือปนอาหาร (ฉบับที่ ๔)

CAROTENES, BETA- (กลุ่มบีตา-แคโรทีน)		
INS: 160a(i)	beta-Carotenes, synthetic (บีตา-แคโรทีนสังเคราะห์) ชื่ออื่น: CI Food Orange 5; CI (1975) No. 40800	หน้าที่: สี
INS: 160a(iii)	beta-Carotenes, Blakeslea trispora (บีตา-แคโรทีนจาก ราบลาคีสเลีย ไทรสปอรา) ชื่ออื่น: CI Food Orange 5	หน้าที่: สี

บัญชีหมายเลข ๑ แนบท้ายประกาศฯ 174

CAROTENES, BETA- (กลุ่มบีตา-แคโรทีน)				
รหัสของ	หมวดอาหาร	ปริมาณสูงสุดที่	เงื่อนไข	ปีที่รับค่า
หมวดอาหาร		อนุญาต (มก./กก.)		กำหนด
07.1.2	แครกเกอร์ ไม่รวมแครกเกอร์รสหวาน	200	341,344	2568
07.1.3	ขนมอบที่ไม่ปรุงแต่งรสชาติ ชนิดอื่นๆ	60	341,344	2568
07.1.4	ผลิตภัณฑ์ที่มีขนมปังเป็นส่วนประกอบ	30	116,341,344	2568

RIBOFLAVINS (กลุ่มไรโบเฟลวิน)		
INS: 101(i)	Riboflavin, synthetic (ไรโบเฟลวินสังเคราะห์) ชื่ออื่น: Vitamin B2; Lactoflavin	หน้าที่: สี
INS: 101(ii)	Riboflavin 5'-phosphate sodium (ไรโบเฟลวิน 5'-ฟอสเฟตโซเดียม) ชื่ออื่น: Riboflavin 5'-phosphate ester monosodium salt; Vitamin B2 phosphate ester monosodium salt	หน้าที่: สี

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RIBOFLAVINS (กลุ่มไรโบเฟลวิน)				
รหัสของ	หมวดอาหาร	ปริมาณสูงสุดที่	เงื่อนไข	ปีที่รับค่า
หมวดอาหาร		อนุญาต (มก./กก.)		กำหนด
06.8	ผลิตภัณฑ์จากถั่วเหลือง	ปริมาณที่เหมาะสม		2568
07.0	ผลิตภัณฑ์ขนมอบ (ผลิตภัณฑ์เบเกอรี่)	ปริมาณที่เหมาะสม		2568

# NUTRIENT STABILITY

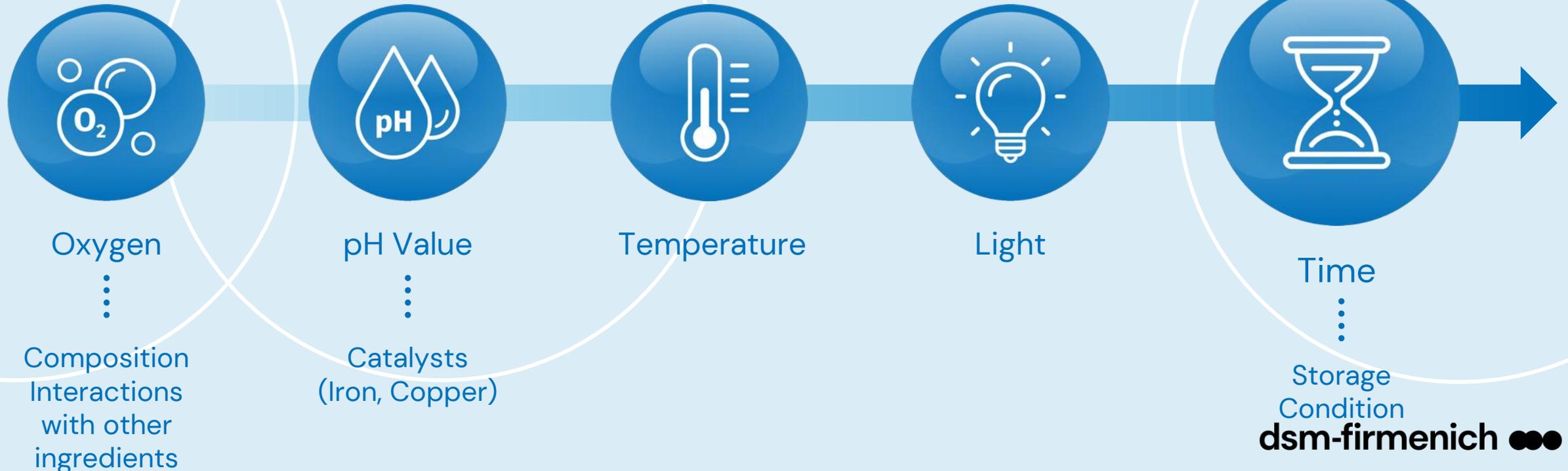
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Vitamins are a group of chemically diverse compounds that vary substantially in their stability and is susceptible to destruction by physical and chemical agents.

Stability of Vitamins in Finish Products varies.

Vitamin Stability changes over time and nothing is absolute stable, There will always be a decrease in content over a certain period dependent on certain conditions/factors

## FACTORS AFFECTING NUTRIENT STABILITY:



# NUTRIENT STABILITY

internal

## Overview of Sensitivity of Vitamins to External Factors

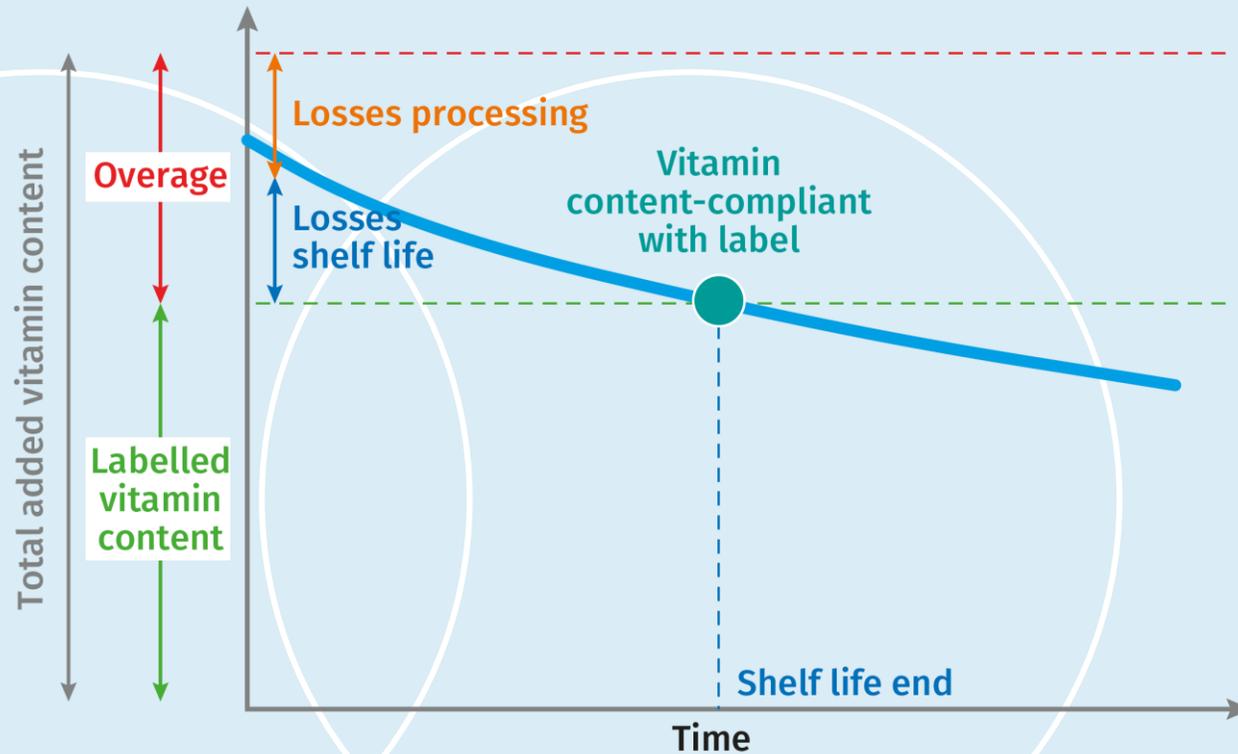
Vitamin	Light	Oxidizing agents	Reducing agents	Heat	Humidity	Acids	Alkalis
Vitamin A	●	●	●	●	●	●	●
Vitamin D	●	●	●	●	●	●	●
Vitamin E	●	●	●	●	●	●	●
Vitamin K	●	●	●	●	●	●	●
Vitamin C	●	●	●	●	●	●	●
Thiamine	●	●	●	●	●	●	●
Riboflavin	●	●	●	●	●	●	●
Niacin	●	●	●	●	●	●	●
Vitamin B6	●	●	●	●	●	●	●
Vitamin B12	●	●	●	●	●	●	●
Panhotenic acid	●	●	●	●	●	●	●
Folic acid	●	●	●	●	●	●	●
Biotin	●	●	●	●	●	●	●

● Hardly or not sensitive   ● Sensitive   ● Highly sensitive

# NUTRIENT STABILITY

## Overages & Compensating losses

internal



- Both added vitamin and vitamins naturally occurring in food can exhibit significant quantitative changes during storage of foods.
- Overages are added to compensate for the losses during **process** and **storage**.
- The difference between formulated and declared levels of vitamin on the label is known as “overages”.
- Overages will vary according to inherent stability of the vitamin, process condition of food, anticipated shelf life of the product etc



**INGREDIENTS**  
 High Protein Wheat Flour (with Vitamins B1, B2, B3, Iron & fortified with Vitamin A), Water, Refined Sugar, Baker's Yeast, Whey Powder, Iodized Salt, Skimmed Milk Powder, Dextrose, Pure Vegetable Shortening (contains Palm Oil), Datem (dough improver), Calcium Propionate (to retain freshness), Mineral Yeast Food (yeast nutrient) and Vitamin B1 (Thiamine) & Folic Acid as vitamin fortificants.

	Per Serving	Per 100g
Vitamin A	24%	43%
Vitamin C	4%	6%
Calcium	12%	22%
Iron	9%	16%
Vit. B1 (Thiamine)	62%	100%
Vit. B2 (Riboflavin)	8%	14%
Vit. B3 (Niacin)	10%	17%
Iodine	45%	80%
Folate	24%	43%

\*Percent Recommended Energy Intake / Recommended Nutrient Intakes (REI / RNI) values are based on a 2,530 calorie diet as per PDRI 2015 reference for male adult requirement of 19-29 years old.

**Nutri+Plus Advantage®**

**FOLATE-ENRICHED**  
 Adequate folate in healthful diets may reduce a woman's risk of having a child with brain or spinal cord defect. Gardenia Bread provides a good source of folate.

**WITH VITAMINS AND MINERALS**  
 This Gardenia Bread has Calcium that may help build strong bones and teeth; Vitamin B1 (Thiamine) to help prevent fatigue, Vitamin B3 (Niacin) to help boost energy metabolism and Iron to help maintain healthy blood.

It has Vitamin A which may help promote good vision and youthful skin and Iodine that may aid in the physical and mental development.

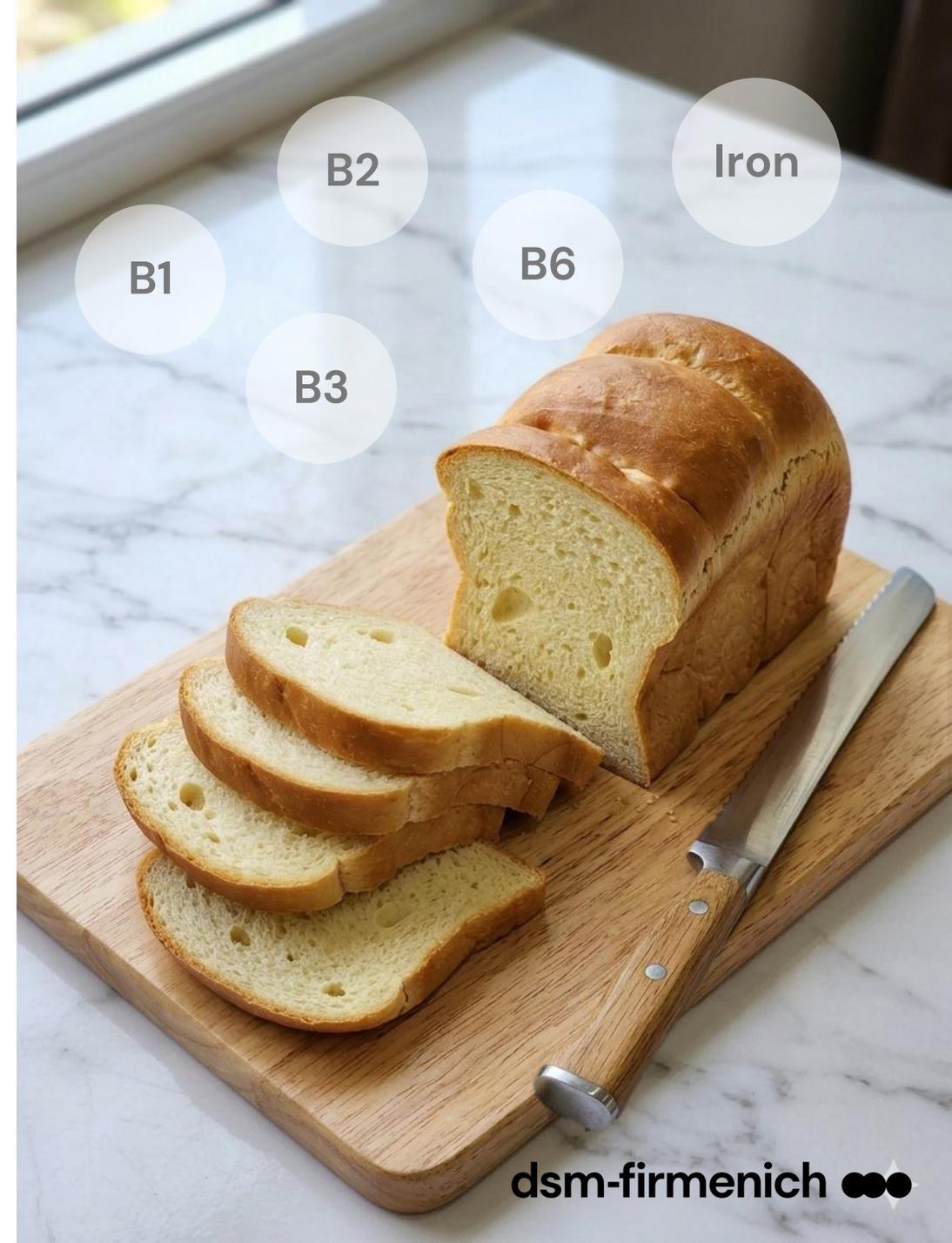
**CHOLESTEROL-FREE FOOD**  
 A healthful diet low in fat and no cholesterol, as part of a healthy lifestyle, may lower blood cholesterol levels and may reduce the risk of heart disease.

# Soft loaf bread with fortification

Vitamin B1, B2, B3, B6, Iron

## Vitamin & Mineral Fortification

<b>B1</b>	Normal energy yielding metabolism from carbohydrate Normal function of muscle and nervous system Normal function of the heart
<b>B2</b>	Normal energy yielding metabolism from carbohydrate, protein & fat Nervous system / mucous membranes / maintenance of normal red blood cells / skin / vision / metabolism of iron
<b>B3</b>	Maintenance of normal mucous membrane of GI tract & normal skin Normal energy yielding metabolism from carbohydrate, protein & fat Normal function of muscle and nervous system
<b>B6</b>	Normal red blood cell formation / nervous system / energy-yielding metabolism / protein and glycogen metabolism / immune system
<b>Iron</b>	Normal formation of red blood cells and hemoglobin Normal energy-yielding metabolism Normal oxygen transport in the body Normal function of the immune system



บัญชีหมายเลข ๑

ท้ายประกาศกระทรวงสาธารณสุข (ฉบับที่ ๔๔๗) พ.ศ. ๒๕๖๖

ออกตามความในพระราชบัญญัติอาหาร พ.ศ. ๒๕๒๒

เรื่อง การกล่าวอ้างทางสุขภาพของอาหารบนฉลาก

Annex 1

Attachment to Notification of the Ministry of Public Health (No. 447) B.E. 2566 issued in accordance with the Food Act B.E. 2522 Re: Health claims of foods on labels.

ข้อความกล่าวอ้างหน้าที่ของสารอาหาร (Nutrient function claim statements)

No.	Nutrients	Nutrient function claim statements (Thai)	Nutrient function claim statements (English)
อันดับ	สารอาหาร	ข้อความกล่าวอ้างภาษาไทย	ข้อความกล่าวอ้างภาษาอังกฤษ
๕	วิตามินบี 2 (Riboflavin)	<p>๕.๑ วิตามินบี 2 มีส่วนช่วยให้ร่างกายได้รับพลังงานจากคาร์โบไฮเดรต โปรตีน และไขมันตามปกติ</p> <p>๕.๒ วิตามินบี 2 มีส่วนช่วยในการทำงานตามปกติของระบบประสาท</p> <p>๕.๓ วิตามินบี 2 มีส่วนช่วยคงสภาพปกติของเยื่อต่างๆ</p> <p>๕.๔ วิตามินบี 2 มีส่วนช่วยคงสภาพปกติของเม็ดเลือดแดง</p> <p>๕.๕ วิตามินบี 2 มีส่วนช่วยคงสภาพปกติของผิวหนัง</p> <p>๕.๖ วิตามินบี 2 มีส่วนช่วยคงสภาพปกติของการมองเห็น</p> <p>๕.๗ วิตามินบี 2 มีส่วนช่วยในเมตาบอลิซึมปกติของเหล็ก</p>	<p>5.1 Riboflavin contributes to normal-energy yielding metabolism from carbohydrate, protein and fat.</p> <p>5.2 Riboflavin contributes to the normal function of the nervous system.</p> <p>5.3 Riboflavin contributes to the maintenance of normal mucous membranes.</p> <p>5.4 Riboflavin contributes to the maintenance of normal red blood cells.</p> <p>5.5 Riboflavin contributes to the maintenance of normal skin.</p> <p>5.6 Riboflavin contributes to the maintenance of normal vision.</p> <p>5.7 Riboflavin contributes to the normal metabolism of iron.</p>

# Omega-3 Butter Cookies

High Vitamin D3 & Calcium

## Nutrition per serving (30 g or 2 cookies)

Omega-3 (25 mg)

**MEG-3™** fish oil

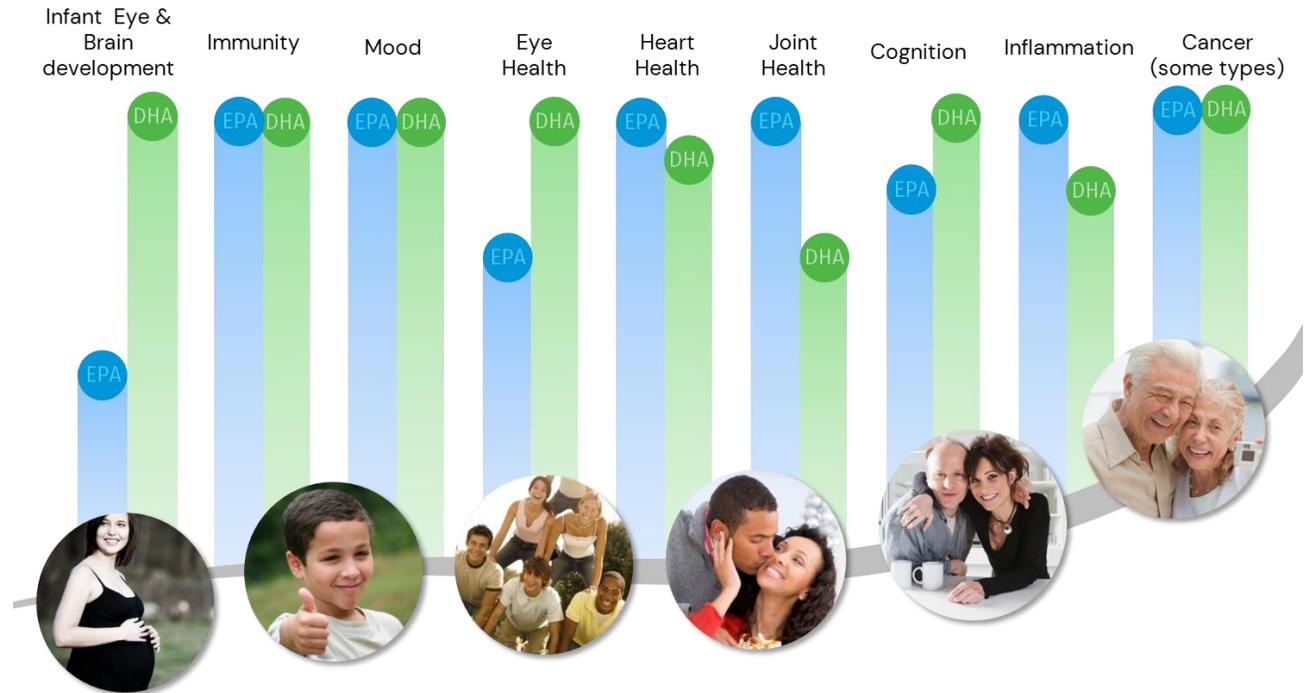
Vitamin D3 (45 mcg)

**Quali®-D** Vitamin D3

Calcium (100 mg)



## Essential fatty acids (Omega-3 & Omega-6): Lifelong Benefits



Market-leading omega-3s from ocean fish or marine algae; tailored to every need

- dsm-firmenich holds the most complete and confidence-inspiring portfolio of nutritional lipids forms on the market, and has an unmatched legacy of trust, innovation, service and support.
- dsm-firmenich's extensive product portfolio includes **life'sDHA – vegetarian DHA**, direct from algal sources, **life'sOMEGA EPA and DHA**, the unique and innovative vegetarian equivalent to fish oil, and **MEG-3**, the most trusted source of EPA and DHA from **fish oil**.
- Ideal for beverages, supplement and infant nutrition applications, our omega-3 solutions help our customers market products that support brain, eye and cardiovascular health across different life stages to consumers around the globe.



Please come to visit our booth



dsm-firmenich 



**We bring progress to life**